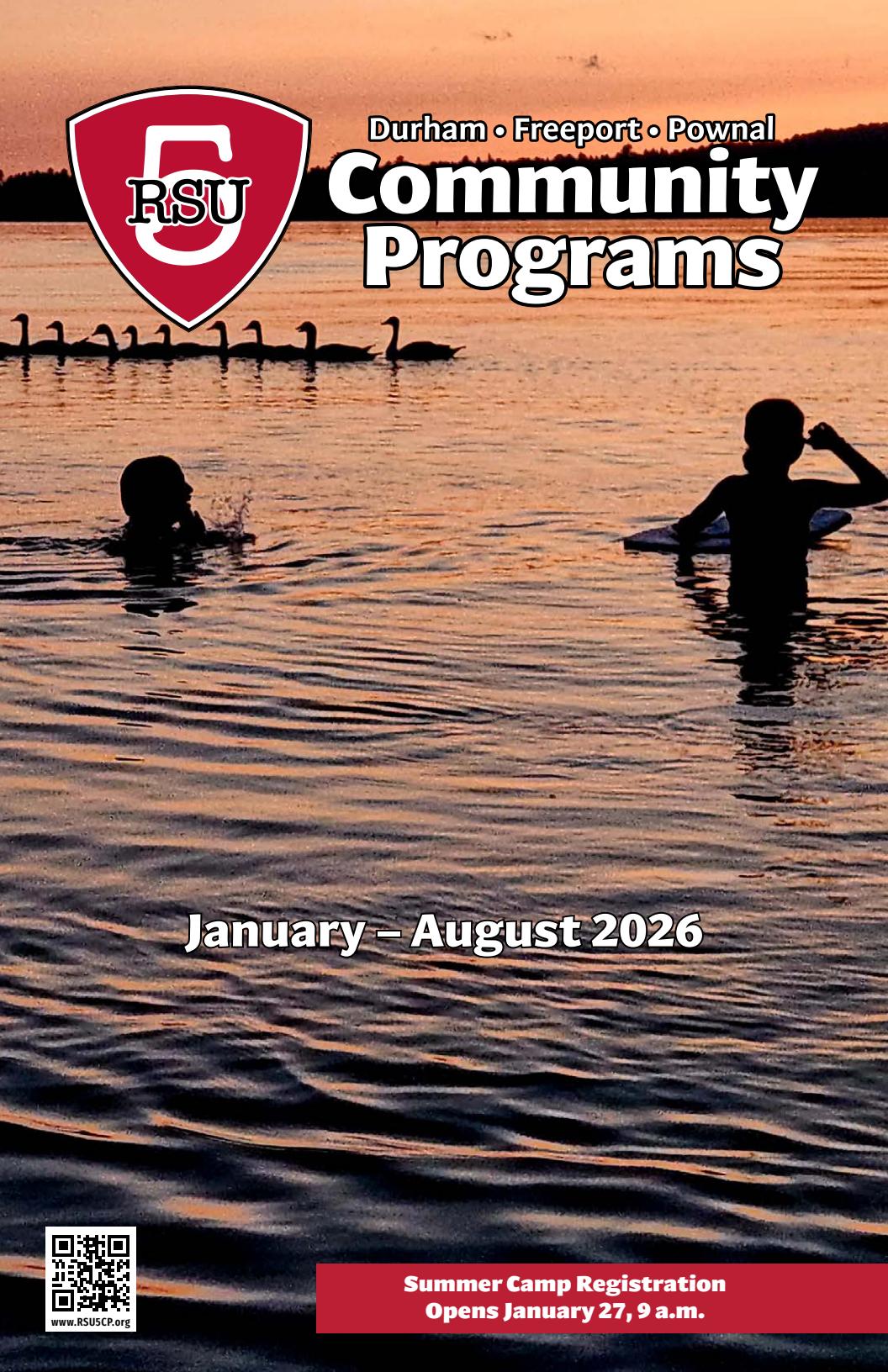




Durham • Freeport • Pownal

Community Programs

The background of the poster is a photograph of a lake at sunset. The water is calm with gentle ripples, reflecting the warm orange and yellow hues of the sky. In the foreground, the silhouettes of two people are visible in the water: one is swimming towards the left, and the other is sitting on the right. In the distance, a line of birds is silhouetted against the bright water. The overall atmosphere is peaceful and suggests outdoor recreation.

January – August 2026



www.RSU5CP.org

**Summer Camp Registration
Opens January 27, 9 a.m.**

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Program Facilities

Freeport High School
Freeport Middle School
Durham Community School
Mast Landing School
Pownal Elementary School
Morse Street School
Enrichment & Learning Center
Freeport Community Services

Address

30 Holbrook Street, Freeport	FHS
19 Kendall Lane, Freeport	FMS
654 Hallowell Road, Durham	DCS
20 Mollymauk Lane, Freeport	MLS
587 Elmwood Road, Pownal	PES
21 Morse Street, Freeport	MSS
20 Mollymauk Lane, Freeport	ELC
53 Depot Street, Freeport	FCS

Mission Statement

RSU5 Community Programs is dedicated to developing and maintaining a balanced program for all segments of the community in the areas of civic affairs, based on the identified needs of the community.

*“Enriching lives...
strengthening community”*

RSU5 Community Programs Staff

Director

Peter Wagner, *CPdirector@rsu5.org*

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Chris Guerette, *CPrecreation@rsu5.org*

Athletics & Special Projects Coordinator

Rocco Linehan, *CPathletics@rsu5.org*

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Helen Humphrey, *ChildhoodEd@rsu5.org*

Adult Education Coordinator

Liza Gerber, *AdultEd@rsu5.org*

Office Coordinator

Kathy DeGrandpre, *CPoffice@rsu5.org*

Dear Friends and Neighbors--

Winter found us early this year! And your friends in Community Programs have planned a fantastic slate of programs to keep you engaged, active, and enlightened until the springtime comes along again. In this catalog you'll find offerings from January right on through August, so dive in today and find your next great adventure!

Among the things that you don't want to miss:

- SUMMER CAMPS! Registration opens soon for Camp Seaside and scads of camps and programs that your children will love. Many of our most popular offerings fill up quickly, so don't delay. You'll find these on pages 27–36.

- More opportunities to join the Civics 101 program! The inaugural class loved this new program in 2025, and it will be offered again in Freeport in March and April. Pownal will also be offering its own class in the near future, and we hope that Durham will join as well. Civics 101 is offered in collaboration with the town offices, and features special presentations where participants can get up-close and personal time with municipal leaders and decision makers. Learn more on pg. 14, and commit to being a more informed resident!

- An oft-overlooked resource in Community Programs is our rental inventory. We have fat tire bikes, which are a blast to ride along snowy trails. And we've got a big range of sizes in snowshoes and cross-country skis and boots, all for you to rent at insanely affordable rates. Make the most of your wintertime fun by getting your hands on the tools that let you get out and explore new places! See what we've got on pg. 14, or reserve your rentals at rsu5cp.org at the Buy/Rent button.

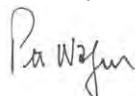
- We've got a slew of brand-new programs coming in 2026, so keep your eyes open for the **NEW!** icon throughout the book. We're especially excited about Empanada Cooking Class (pg. 10) and Disc Golf Club (pg. 26). Help us get these great new offerings off the ground - we think you'll love them!

We're always welcoming more English learners and people seeking their high school equivalency degrees through HiSET. If you or someone you know could benefit from these services, or from advisory assistance in making the transition to college or work, please send them our way. All our Adult Education programs (pg. 5) are 100% free of charge!

As always, I'll close with my usual call to action. If you have questions about any of our programs, or have suggestions for us or would like to offer your time and talents as an instructor/coach, please be in touch. The more we hear from you, the better we are.

See you out there!

Sincerely,



Peter Wagner

Director, RSU5 Community Programs

How do I register for a class or program?

You may register online, in person, or by phone. To register online, visit rsu5cp.org and click **Register** in the main menu. All checks should be payable to **RSU5 Community Programs**. We accept MasterCard, Visa, and Discover payments.

How do I establish an online account?

Before registering for any programs online, you must create an online registration account. If you are registering a child for an activity, please use your own information when filling out the online account creation request form, NOT the information of the child you wish to register for an activity. Once an adult has an online account, they may add family members.

Do you offer scholarships for children?

Community Programs offers limited scholarships for most school year programs. **Scholarship applications must be completed at least 2 weeks prior to start of any program.** Youth scholarships are provided in partnership with Freeport Community Services. Application forms can be found on our website under **General Info**.

Are there late pickup charges?

Yes! It is critical that youth participants be picked up on time at the end of a class or program. A late fee of \$20 will be charged for every part of 15 minutes that a staff member must wait with a minor to be picked up.

Accessibility

If you require any special accommodations to participate, please call our office.

Cancellation & Refund Policy

RSU5 Community Programs reserves the right to cancel or consolidate any program that does not meet the minimum participant registration numbers. If we cancel a class or activity, we will do so at least five business days before the scheduled start date. If we cancel a course, we will refund or credit 100% of the class fee. For details about our policy, please visit the **General Info/Policies & Forms** section of our website. In general, our policies follow these guidelines:

- For all regular program registrations, we retain a non-refundable processing fee of 5% (with a minimum of \$5). For summer camps, this fee is 20%.
- If you withdraw five business days before a regular program, or two weeks before a summer camp, you will be refunded all fees, less the processing fee.
- If you withdraw at least three business days in advance of any program or camp, you will receive a 50% refund.
- No refund will be given if you withdraw from a program or camp less than three days before it begins, or if you choose not to attend without notifying us. No refunds will be given if you withdraw after the program has concluded.
- Extenuating circumstances that lead to a late withdrawal (such as illness or injury), may qualify you for a full account credit, less processing fees.



Community Programs
Adult Education
Powering Your Potential

*Have a question about our programs?
Email adulted@rsu5.org or call 207-865-6171 x8322.*

HiSET Learning Lab

If you are an adult without a high school diploma, the High School Equivalency Test (HiSET) could be your best route to improved career prospects, a college education, and increased earnings potential. Our HiSET instructor can meet with you online or in person and guide you through the testing.

English for Speakers of Other Languages (ESOL)

We're proud to offer small classes for adult English Language Learners. Our program helps students improve their English reading, writing, grammar, and life skills. ESOL classes also help students prepare for employment and continuing education. *Interested in tutoring an ESOL student? PLEASE reach out to us!

Post High School Bridge Program

The goal of this program is to help students bridge the time between high school graduation and the start of post-secondary education. Our staff will help you with tasks such as enrolling in classes, starting your student profile on the college's website, completing financial aid paperwork, submitting your health & vaccine records, student orientation meetings, obtaining school IDs, parking permits, and more. Our goal is for you to begin your next chapter feeling ready and prepared.

NEW!



Line Dancing

In this class, you will learn choreographed routines to a wide variety of music— a little bit of country, disco, swing, Latin rhythms, and more. There is truly a line dance that works for any song. Dances will start out very simple and become more complicated throughout the session. All levels are welcome!

Instructor: Elizabeth Richards

Days & Time: Mondays, 6:00 – 7:00 p.m.

Class	Dates	Location	Fee
Spring	March 9 – April 13	FMS Gym	\$45
Late Spring	April 27 – June 8 (no class 5/25)	FMS Gym	\$45

Adult Rec Basketball Open Gym

Play basketball and stay in shape year-round. Please register for each location you might attend. You will only be charged for your first registration. *You must be pre-registered with Community Programs. NO Drop-Ins.* Sundays excluded when Monday is a holiday. Wednesdays excluded for school gatherings and during middle school basketball season. See website for schedule.

Dates: February 22 – July 29

Fee: \$25 per season

Location	Day	Time
DCS Gym	Sunday	9:00 – 10:30 a.m.
	Wednesday	6:30 – 8:00 p.m.
FMS Gym	Sunday	6:00 – 8:00 p.m.

Pickleball in Pownal

Come drop-in for some Pickleball action, get some great exercise, and have some fun! All levels and abilities are welcome. If you would like to rent a paddle for the season, you may. Paddles will not be provided otherwise. You must register for the whole season, no matter how many weeks you attend. For summer dates, we recommend signing up for outdoor sessions through Yarmouth Community Services at YarmouthME.myrec.com.

Dates: Mondays, March 9 – June 1
(no meeting 4/20 or 5/25)

Time: 5:30 – 7:00 or 7:00 – 8:30 p.m.

Location: PES Gym

Fee: \$25 + optional \$5 paddle rental



Adult Pickup Volleyball

Join this fun and competitive co-ed volleyball program! Come play pickup volleyball and sweat away those winter blues. No drop ins; must be pre-registered with Community Programs.

Dates: Sundays, February 22 – August 30

Time: 6:30 – 8:00 p.m.

Location: FHS Gym

Fee: \$25



Pine Tree Kickers Tae Kwon Do for Adults

Tae Kwon Do is a great way to become physically and mentally fit while having fun. Learn valuable life long skills – respect, self-confidence, and courage, all while practicing self-defense techniques. Great introduction to the martial arts while incorporating fun games and drills. Free uniform for your first session!



Instructors: Jake Daniele, Steve Day & Donald Cyr

Times: 7:00 – 7:45 p.m.

Location: Mast Landing School Gym

Class	Dates	Fee
Late Winter	Thursdays, February 5 – April 9	\$85
Spring	Thursdays, April 16 – June 25	\$85
Summer	Thursdays, July 2 – August 27 (no class 2/19, 4/23, or 5/28)	\$85

The Maine Sandlot Baseball League (MSBL)

The MSBL is back for its 6th season, and we're looking forward to bringing great baseball back to the area. The MSBL is a supremely player-friendly league for players who have completed their high school eligibility right up through their 20s. We've got a June-July regular season of approximately 15 games, followed by an early August championship tournament. The league is responsive to the players, and our player-managers form a leadership team that helps guide our decisions and the direction of the league. It's excellent baseball, a ton of fun, and insanely affordable. Join us!

- Informal workout opportunities offered through the winter and spring
- June-August regular season (approximately 15 games)
- Championship tournament in early August
- Six teams playing games in multiple locations in Cumberland County
- Mid-season all-star game

For players aged 18-29

Fee: \$185 (\$150 until March 31)



Adult Pickup Ultimate

Come join us for mixed (co-ed) pickup ultimate on the turf! Ages 18+, beginner friendly - all interested players welcome. Players will divide into teams each week and play games based on attendance.

Dates: Sundays, May 17 – August 30

Time: 5:30 – 7:30 p.m.

Location: JBS Track & Turf Field, FHS and Pownal Road Field

Fee: \$20



Women and Girls in Sports & Coaching

Join us for this important program to engage in conversation about the place of women and girls in today's sporting landscape. Female role models in coaching positions are more important today than they've ever been, and this workshop will provide an opportunity to craft an individual action plan and to work with others toward a stronger and healthier future. Leaders and facilitators will be finalized and announced in the winter months. Register today to indicate your interest, and we'll follow up with more information as soon as it's available.

Date: Thursday, March 12, 2026

Time: 5:00 – 6:00 p.m.

Location: Freeport High School, TBD

Fee: FREE



Being the Best Volunteer Coach You Can Be

Athletics Coordinator Rocco Linehan will address key points for the youth season, including important dates and deadlines, program values, and onboarding materials. Afterwards, a discussion panel featuring FHS varsity coaches, experienced Youth Rec coaches, as well as local professional coaches and athletic leaders will speak on topics such as: how to create/run drills that benefit kids at each age group; which fundamental skills to emphasize and teach; and what players need to do in order to be successful in the sport.

This seasonal training opportunity is for all coaches – whether you've been working in youth sports for years, or if you're brand new to the game. We should all be committed to being the best we can be for the young athletes in our care – teaching them about having fun, improving their skills, and ensuring they want to come back and do it again. Our goal for this training is to provide you with a toolbox to help you do just that. Register for the mailing list today, and details will be sent out closer to the start of each season.

Instructors: Rocco Linehan, FHS Varsity Coaches & Others TBA

Dates & Times: Before CP Lacrosse and Soccer seasons

Location: Freeport High School, TBD

Fee: FREE

Trip to Berlin, Germany

Whether you are interested in history, art, or culture, Berlin, Germany, offers it all! Guided and organized by a native Berliner, you will dive into the city from day one, and bring back unforgettable memories. Everything will be organized for you, so you can relax while absorbing the city's vibe.

Trip Leader: Valeska Hornschild-Bear

Dates: Friday, April 17 – Friday, April 24

Fee: \$2,600/person in double occupancy
(does not include airfare)

Tour of Berlin Info Night

Date: Tuesday, January 8

Time: 7:00 – 9:00 p.m.

Location: FMS Library



Conversational German

Perhaps you took German in college years ago and would now like a refresher, or maybe you are planning a trip to Germany and would like to know the most important phrases to help you get around. Together, we will learn about German language, the rich culture, traditions, and the German lifestyle in general. The class is held in a relaxed and fun atmosphere, open to everyone.

Instructor: Valeska Hornschild-Bear

Time: 7:00 – 8:30 p.m.

Location: FMS Library

Class	Dates	Fee
Late Winter	Thursdays, January 15 – February 26 (no class 2/19)	\$75
Early Spring	Thursdays, March 5 – April 9	\$75
Late Spring	Thursdays, April 30 – June 4	\$75

Empanada Cooking Class

Learn how to make empanadas with the founder of Empanada Club! You'll prepare beef and vegetarian empanadas to serve with freshly made salsa. Recipes will also be shared. Enjoy a tasty evening with friends.

Instructor: Adrian Espinoza

Date: Thursday, March 5

Time: 5:30 – 8:00 p.m.

Location: Freeport Community Services

Fee: \$90

NEW!



Wood-Fired Pizza Making

Join Chef Malcolm Kelly at Wolfe's Neck Center for a seasonal wood-fired pizza class. You will learn how to make a classic Neapolitan style dough before adding toppings of your choice. Finally, you will pop your creation into our wood oven for cooking. This hands-on class will use seasonal ingredients to make a delicious dinner. Come hungry for knowledge and food. Register to be notified of class details.

Instructor: Malcolm Kelly

Date: TBD, Summer 2025

Location: Wolfe's Neck Center

Fee: TBD

NEW!



Wok and Cleaver Bootcamp

Participants will learn how to season, care for, and use a Chinese wok and cleaver. The recipes for the class will include stir-frying, oven roasting, and preparing steamed rice. Each student will take home a specially selected kit including a lightweight cast iron wok, wok spatula, carbon steel cleaver, honing steel, a heavy duty cutting board, and one of Chris Toy's six cookbooks. The retail value of the kit alone is \$230.

Instructor: Chris Toy

Date: TBD

Time: 5:00 – 8:00 p.m.

Location: Freeport Community Services

Fee: \$225



Wine Tasting with Susan Grenier, Bow Street Market

Join us throughout the year as we try wines from around the world! Check our website for details about upcoming tastings.

Days & Times: Wednesdays, 6:00 – 7:30 p.m.

Location: Freeport Community Services, Learning Lab or Café

Fee: \$45

Ferment This! with Emma Holder

Each stand-alone class will cover a bit of microbiology to define what fermentation is and how it works so you can troubleshoot, some historical context, and then recipes and techniques for the unique ferment of the day. Take one class or a combination! You can attend in person (Portland location), or Zoom in from your kitchen. Visit emmaholder.com/fermentation for more info!



Location: online with Zoom OR in-person in Portland

Days: Wednesdays

Session	Date	Time	Fee
Kombucha	March 4	7:00 – 8:15 p.m.	\$30
Sauerkraut & Fermented Veggies	March 11	7:00 – 8:15 p.m.	\$30
Kimchi	March 25	7:00 – 8:15 p.m.	\$30

Tea Tasting

The tasting will cover the six classes of tea, from white, green, yellow, oolong, black, and pu'er, tasting one to two teas per class. We'll have light snacks and cover history, culture, cultivating, and selecting quality teas. This is more of a traditional as opposed to English tasting, true to origin and the original brewing methods. All teas are caffeinated and tasters are suggested to have a meal before the tea tasting. The instructors have offered tea since 2011, first in their tea house Dobrá Tea, and now at Teafarers.com.

Instructors: Ray Marcotte and Elle Kanner

Date: Saturday, March 7

Location: Freeport Community Services

Time: 11:00 a.m. – 2:00 p.m.

Fee: \$75



Learn to Crochet with Sarah Cass

Learn the basics of crochet, or hone your skills with projects offered for all levels. All supplies are included.

Dates and Times: Tuesdays, February 17 & 24, 6:30 – 7:00 p.m.

Location: FCS Learning Lab

Fee: \$60

Acadian Arts Maine Retreats

Join watercolor instructor Mary Laury, and cooking instructor Chris Toy, for four days of indulging in your choice of botanical painting or Asian-fusion cooking in an idyllic coastal setting. Your day's explorations will be enriched by evening programs designed to extend your learning with themed movies and live music.



Locations

Prospect Harbor

Campobello Island

Dates

April 10 – 13

June 5 – 8

Fee: \$695



Making Music Again

Do you have an old band instrument lying around in your attic? Did you play a musical instrument as a kid and have always wanted to pick it back up? If you have an orchestral instrument: flute, oboe, clarinet, trumpet, French horn, trombone, violin, viola or cello, and have prior musical experience (even from decades ago) on your instrument, this is a wonderful way to revisit and rekindle your musical skills. This eight-week course will get you back into the swing of music making. All musicians will receive simple sheet music to play through. Together as an ensemble we will practice, make mistakes, and explore concepts such as tuning, tone, technique, balance, rhythm, and dynamics.

Instructor: Ron Draddy

Days & Times: Thursdays, 5:30 – 7:00 p.m.

Location: Freeport High School Band Room



Session Dates & Times

Session	Dates & Times	Fee
Winter	January 8 – March 5 (no class 2/19)	\$45
Spring	April 9 – June 4 (no class 4/23)	\$45

Writing Picture Books

Have you always wanted to write a picture book? 2026 is your year! Kick start your creativity with a 6-week workshop series covering brainstorming to publishing and everything in between. Each week we'll explore a new topic related to the process of writing picture books, study mentor texts, put pen to paper as we develop our manuscripts, and build a repository of resources to fuel our practice. There will be an opportunity to share and receive feedback on your story if you choose. This course is designed for adults who want to write content for children. You do not need any previous writing experience nor do you need to be an illustrator.

Instructors: Erin Bond & Taylor McCafferty

Dates & Times: Wednesdays, March 11 – April 15, 7:00 – 8:30 p.m.

Location: Freeport Community Library

Fee: \$60



The Art of Editing & Publishing

Love to write but hate editing? This course will teach you how to perfect both your writing and editing skills, learning how to polish your work. We will use examples and activities to enhance these skills. We'll also spend at least one session looking at the publishing process—how to submit to literary journals, craft your query letter, and ultimately accept rejection as part of the writing process.

Instructor: Megan Turner, MFA

Date: Thursdays, January 8 – 22

Time: 5:30 – 7:00 p.m.

Location: FMS Library

Fee: \$50

NEW!

Civics 101 – Freeport

In this highly-engaging program, participants will attend weekly interactive sessions on topics related to their local town government and administration. Each week will have a guest speaker who will present and answer questions about their role in the operations of the municipality. Town Council, planning and finance, and public safety will be featured along with a host of other compelling topics. If you reside in Freeport and are interested in learning more about how your town operates, this course is an excellent place to start. Dates and topics are being finalized now and will be communicated as soon as they're available. Please register your interest to assure your spot!



Dates & Times: One night weekly, March – April

Location: Freeport Town Hall and other sites

Fee: \$25

Mah Jong For Beginners

Learn to play “Hong Kong” or “Asian” style Mah Jong (which differs from “American” style). Our instructor has been playing for 60 years, has taught dozens of people to play, and plays regularly in several groups. We’ll play three-hour sessions once a week for three weeks in January, March and May. Reach out to Community Programs or Nancy at ncfarrand@gmail.com, and we will try to find a time that works for at least three students. Check our website to see if a class has already been scheduled, or to sign up for our mailing list!

Instructor: Nancy Farrand

Dates and Time: TBD in January, March, or May

Location: Freeport Community Services

Fee: \$110

**Winter Gear Rentals**

If you want to get out there and experience the Maine winters on your own, but aren't sure which gear to invest in, we've got you covered! We have snowshoes for the whole family, cross-country skis, boots and poles, and a fleet of bikes that can handle snow, mud, and sand- all three of Maine's seasons! Click the “Rent Gear” icon on our website during the winter months to sign up!

Snowshoes	\$10	Fat Tire Bikes	\$50
Nordic Skis (with Poles)	\$15	Nordic Ski Boots	\$10

Teen Programs

Explore... (Grades 6–8)

with RSU5 Community Programs and Freeport Community Library

Watch this space for exciting new opportunities all year long! Dungeons & Dragons campaigns meet every Thursday. On Wednesdays, we will explore Movies, Cooking, Art, Music, Nature, Chess and more. Do you have a particular passion you'd like to Explore with us? Let us know! We can learn together or find an expert in the community to join us. Check our website for a schedule of upcoming events.

Instructor: Chris Guerette & RSU5CP/FCL staff

Days: Wednesdays & Thursdays

Dates: January 7 – June 11

(no program on school days off)

Time: 2:30 – 4:30 p.m.

Location: Freeport Community Library

Fee: FREE



Falcon Esports (Grades 9–12)

Represent MPA Maine State Champion Freeport High School in competition with other teams from around the state and country playing Super Smash Bros.™, Ultimate, Splatoon™ 3, or Mario Kart™ 8 Deluxe. With interest, we may also field teams in Chess, Rocket League or more! Preparedness and sportsmanship will be stressed, as we mold a respectful generation of gamers who can work together to hone their skills as a team.

Coach: Brandon Cass & Cole Phillips

Dates: Mondays – Thursdays, January – May

(schedule varies by title)

Times: 3:30 – 5:00 p.m.

Location: FHS TBD

Fee: \$50



Driver Education (Ages 15+)

Roy's Driver & Rider Education offers in-person classes at Freeport High School. Classes start at the beginning of each month, and include the state required 30 hours of classroom and 10 hours of on-road driving instruction. Students must be 15 years old before the first class, and bring their birth certificate, social security card and a blue or black ink pen to the first class. Registration is directly through Roy's Driver & Rider Education at www.roysdriving.com or at (207) 784-6245. Visit their website for the most up-to-date schedule.

RavenScrawl Studio (Grades 5–10)

RavenScrawl Studio presents The Rookery, a haven for young artists, writers, makers, and gamers who celebrate the mythic imagination. Each session is designed around a theme drawn from mythologies from many cultures and times. The program will remain ever-fluid, exploring a theme alongside a working artist, while allowing other directions to develop from individual or group interests. Artists may craft mythical projects, while gamers host tabletop games, and writers curl up to dream up new mythologies – all under the direction of an experienced worldbuilder.

The Rat Queen's Entourage: We will explore the lore of London underground, in particular the legends of the Rat Queen and the history of Jack the Royal Ratcatcher to Queen Victoria. We will make our own rats, and costume them in Elizabethan costumes as kings, queens, courtiers, pirates or other characters. Gamers will work on a London underground game.

The Raven King's Court: This week's theme draws on Welsh and English myths and lore about the fey folk who inhabit the burial mounds. We will craft our own Raven kings, queens, courtiers, or other fey creatures who might inhabit the haunted groves of Dunraven Fair – a fictional night fair full of goblins, fairies, and spooky merchants. Gamers will work on a game based on fairgrounds.

Instructor: Rebecca McNulty

Days: Monday – Friday

Time: 9:00 a.m. – 4:00 p.m. with optional after hours

Location: DCS Art & STEM Rooms

Theme

The Rat Queen's Entourage

The Raven King's Court

Dates

February 16 – 20

April 20 – 24

Fee

\$350

\$350

Register at RavenScrawlRookery.blogspot.com



SparkYou: Wizards and Potions Camp (Grades 1 – 6)

At SparkYou's Wizard & Potions Camp, Harry Potter-loving kids step into a science-based world of magic where spells become experiments and potions become chemistry. Campers explore color changes, reactions, states of matter, and simple physics through hands-on "potions," magical challenges, and creative problem-solving—all in a safe, engaging environment. This camp builds confidence, curiosity, and a love of science, while letting imagination lead the way.

Instructor: SparkYou Science

Dates: Monday – Friday, February 16 – 20

Time: 9:00 a.m. – 3:00 p.m.

Location: MSS Learning Cottage

Fee: \$440



SparkYou: Mystic Creatures Camp (Grades 1 – 6)

At SparkYou's Mystic Creatures Camp, we turn kids' love of Pokémon-style creatures, dragons, fairies, and fantasy worlds into a hands-on science adventure. Campers become "trainers" as they go on quests, explore real science concepts like chemistry, physics, and elemental forces (water, fire, ice, earth, and electricity), and solve creative challenges in a fun, safe, and educational environment. Along the way, children build confidence, friendships, and a genuine love of science—all while having an unforgettable camp experience.

Instructor: SparkYou Science

Dates: Monday – Friday, April 20 – 24

Time: 9:00 a.m. – 3:00 p.m.

Location: MSS Learning Cottage

Fee: \$440



Spring Youth Adventure

Wolfe's Neck Center Farm Camp (Grades K–5)

At Farm Camp, kids engage in hands-on learning about regenerative agriculture and the environment. Campers take care of livestock, tend gardens, and make new friends while exploring 626 acres of farmland, forest, and coast. Wolfe's Neck Center is excited to offer a one-day version of this program during Professional Learning & Development days at school.

Instructors: Wolfe's Neck Center Staff

Location: Wolfe's Neck Center, Freeport

Session Date & Time

Fee

March	Friday, March 13, 9 a.m. – 4 p.m.	\$110
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April	Friday, April 17, 9 a.m. – 4 p.m.	\$110
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Spring Youth Enrichment

Maine Nature Art (Grades K-8)

Seasonal delights will inspire your budding artists during these sessions. Come join in and bring a snack, water bottle, and imagination inspired by all Maine has to offer outside!



Instructor: Sarah Cass

DCS Art Room (K-5), Mondays, 3:20 – 4:20 p.m.

Winter	January 5 – February 23 (no class 1/19, 2/16)	\$85
Mud Season	March 2 – April 13 (no class 3/9)	\$85
Spring	April 27 – June 8 (no class 5/25)	\$85

MSS Art Room (K-2), Wednesdays, 3:20 – 4:20 p.m.

Winter	January 7 – February 25 (no class 2/4, 2/18)	\$85
Mud Season	March 4 – April 15 (no class 3/11)	\$85
Spring	April 29 – June 10 (no class 5/13)	\$85

MLS Art Room (2-5), Thursdays, 3:30 – 4:30 p.m.

Winter	January 8 – February 12	\$85
Mud Season	March 5 – April 16 (no class 3/12)	\$85
Spring	April 30 – June 4	\$85

FMS Art Room (6-8), Fridays, 2:15 – 3:30 p.m.

Mud Season	February 27 – 10 (no class 3/13)	NEW! \$85
Spring	May 1 – June 5	\$85

Dungeons & Dragons Durham (Grades 3-8)

50 years worth of players and Dungeon Masters have made Dungeons & Dragons a cultural phenomenon. D&D is a game that combines creativity, conflict resolution, problem solving, art and, of course, math to tell stories set in a fictional world of elves, spirits and, of course, dragons. Our sessions will include age appropriate material and safety tools to promote the well-being of all players. No experience points necessary—everyone is welcome at our tables. Scholarships are available for this program. High school students or parents who wish to get involved as game masters should contact Chris Guerette at guerettec@rsu5.org.

**Dungeon Masters: Chris Guerette,
Allison Bistline-East & Dr. Tristian Rowe**

Times: 3:15 – 5:30 p.m.

Location: DCS 201 & 202



Session	Dates
Midwinter	Fridays, January 9 – February 13
Greengrass	Fridays, May 1 – June 5

Fee
\$45
\$45

Introduction to German (Grades 3–5): Sport, Spiel und Spaß

Your kids will be amazed by how much German they know already: auto, bus, ball, and gesundheit are all German words. In our morning classes, we will not only discover more about the German language, but also German culture. Where is Germany on a map? How do German kids live? What is the school day like? What sports do they play? What do we all have in common? What is different? In a fun, interactive setting, we will discover Germany and the world together. Level II classes are for kids who have participated in previous sessions. *Bis bald!*

Instructors: Valeska Hornschild-Bear

Times: 7:50 – 8:35 a.m.

Location: Mast Landing School Gym



Class	Dates	Fee
Winter	Fridays, January 9 – March 6	\$60
Winter/Frühling	Wednesdays, January 28 – March 25	\$60
Frühling I	Fridays, March 20 – May 22	\$60
Frühling II	Wednesdays, April 1 – June 3 (no class 2/18-20, 4/15-24)	\$60

SparkYou: Slime Masters (Grades 1–5)

Each week, kids will dive into the science of slime through hands-on experiments exploring the chemistry of matter. From glow-in-the-dark goo to magnetic slime, they'll create a new slime every class—building focus, confidence, and a love for science through sensory play. It's the science parents love to hate, but kids can't get enough of—because getting messy has actually been shown to be calming and therapeutic! **MSS students may take their regular bus to MLS for this program**



Instructor: Natasha Skoberla, SparkYou

Location: MLS/DCS Art Rooms

MSS, Mondays, 3:15 – 4:15 p.m.

Winter	January 26 – March 2 (no class 2/16)	\$190
Spring	April 27 – June 8 (no class 5/25)	\$190

MLS, Tuesdays, 3:25 – 4:25 p.m.

Winter	January 20 – March 3 (no class 2/17)	\$190
Spring	April 28 – June 2	\$190

DCS, Wednesdays, 3:15 – 4:15 p.m.

Winter	January 21 – March 11 (no class 2/4 or 2/18)	\$190
Spring	April 29 – June 3	\$190

Spring Youth Movement & Fitness

Top Rockers Hip Hop Dance Crew (Grades K-5)

Join us to learn beginning jazz and hip hop dance moves, conditioning and improvisation. Get ready to have fun and work hard as we move to the beat! Age appropriate music will be used for all sessions. Please send your dancer with comfortable, flexible clothes (no jeans) and sneakers. Morse Street 2nd graders are encouraged to sign up for classes at Mast Landing, and may take their regular bus there on class days. *The last day of most classes will feature a parent showcase.*

Instructor: Kate Andreu

MSS Gym (K-2), Tuesdays, 3:20 – 4:20

Winter	January 6 – February 10	\$85
Winter/Spring	March 3 – April 7	\$85
Late Spring	April 28 – June 2*	\$90

MLS Gym (2-5), Wednesdays, 3:25 – 4:25 (12:00 – 1:00 on 2/4 & 5/13)

Winter	January 7 – February 11	\$85
Winter/Spring	March 4 – April 8	\$85
Late Spring	April 29 – June 3*	\$90

DCS Gym/Cafeteria (K-5), Thursdays, 3:15 – 4:15

Winter	January 8 – February 12	\$85
Winter/Spring	March 5 – April 9	\$85
Late Spring	April 30 – June 4*	\$90

* All of Miss Kate's Late Spring dancers are invited to a perform at the FHS Performing Arts Center on Tuesday, June 9!

Tiny Tappy Toes Dance Combo (Ages 3-5)

Learn basic ballet, tap and creative movement steps. Dance teaches self confidence, balance, and coordination and keeps a child's mind and body working together. Bring a pair of socks or flexible shoes and dress shoes (for tap technique) to every class. Ballet and tap shoes are recommended but not required. *Please send your dancer with comfortable flexible clothes: not jeans. The last day of most classes will feature a parent showcase.*

Instructor: Kate Andreu

MSS Gym, Tuesdays, 4:30 – 5:15

Winter	January 6 – February 10	\$85
Winter/Spring	March 3 – April 7	\$85
Late Spring	April 28 – June 2*	\$90



Kids Yoga and Mindfulness (K-5)

Yoga and mindfulness can promote resilience and self-regulation in children. Students will connect, breathe, move, focus and relax through cooperative games, art, music, physical postures, and mindfulness activities designed for kids. Classes are playful, explorative, responsive, and fun! *MSS students may ride the bus to MLS for after-school programs.*

Instructor: Sara Helman, RYT

Location: MLS Gym



Session	Dates & Times (Mondays)	Fee
Early Spring	March 9 – April 13, 3:25 – 4:30 p.m.	\$70
Late Spring	April 27 – June 8, 3:25 – 4:30 p.m., (no class 5/25)	\$70

Tumbling & Fitness (K-6)

Learn basic tumbling and gymnastics skills while taking on strength and agility challenges in this dynamic class. Practice the proper techniques for handstands, cartwheels, forward rolls, and more to build and improve series connection skills. Children will engage in balance beam activities to build coordination and confidence, and participate in fitness prompts including jump roping and obstacle course runs. This program highlights achieving one's personal best in an encouraging, small-group, to foster a passion for exercise and wellness.

Instructor: Laura Chadha, Certified Personal Trainer

Location: MSS Gym

Class	Dates & Times	Fee
Winter (K-2)	Saturdays, Jan. 10 – Feb. 14, 9:30 – 10:20 a.m.	\$90
Winter (3-6)	Saturdays, Jan. 10 – Feb. 14, 10:30 – 11:20 a.m.	\$90
Spring (K-2)	Saturdays, Feb. 28 – April 4, 9:30 – 10:20 a.m.	\$90
Spring (3-6)	Saturdays, Feb. 28 – April 4, 10:30 – 11:20 a.m.	\$90

Toddler Tumbling and Fitness (Ages 3-5, with Parent)

Learn beginner tumbling and gymnastics skills while exploring athletic movement. Parents and guardians will help lead their children through the guided activities which promote strength-building, coordination, agility, and balance in an exciting and social atmosphere. Children will practice the proper positioning for handstands, cartwheels, forward rolls, and more while engaging classroom skills including direction-following through positive reinforcement.

Instructor: Laura Chadha, Certified Personal Trainer

Location: MSS Gym

Class	Dates & Times	Fee
Winter	Saturdays, January 10 – February 14, 8:30 – 9:15 a.m.	\$85
Spring	Saturdays, February 28 – April 4, 8:30 – 9:15 a.m.	\$85

Spring Youth Sports

Harraseeket Harriers Running Club (Grades 1-6)

Harriers promotes running as a fun, healthy, group-oriented activity. Meets will be scheduled with surrounding communities. Practices will run Mondays, with meets held some Wednesdays. A league-wide championship meet will be held on a Saturday. ***Practices will be canceled in the event of rain.*** Morse Street School students may ride their usual bus to Mast Landing. Bus transportation will be provided TO meet locations ONLY. Parents must pick up runners from meets. Running shoes or sneakers are required, as is attire appropriate for the weather. ***Parent Volunteers Needed: In order to provide adequate programming for our youth, we need the help of parent volunteers.***

Location: MLS or DCS

Fee: \$80

	Dates	Time
Practice	April 13 – June 1 (no practice 4/20-22 or 5/25)	3:25 – 4:30
Meets	May 6, 13, 20, 27 & Sunday, June 6	3:15 – 5:30 / TBA



Gee's Floor Hockey (Grades K-2)

This fun after-school program will introduce the skills of dribbling, passing, receiving, shooting, and offensive and defensive team play strategies of floor hockey. Each session will be full of high activity and excitement.

Instructor: Pam Gee

Times: 3:15 – 4:30 p.m.

Location: MSS Gym

Session	Dates	Fee
Kindergarten	Wednesdays, February 25 – March 25	\$45
Grade 1	Mondays, February 23 – March 23	\$45
Grades 2	Thursdays, February 26 – March 26	\$45

Falcon Winter Baseball Clinic (Grades 3–6)

Join the FHS Varsity Baseball coaching staff and players in these 90-minute sessions and work on specific skills needed to become quality baseball players. The skills and drills offered relate to proper pitching, hitting, and fielding mechanics. We will get as many repetitions as possible while keeping a focus on proper technique and fundamentals.

Instructor: FHS Varsity Coach Steve Shukie and players

Dates: Sundays, January 11 – March 8 (no class 2/15) Location: FMS Gym
Time: 10:30 a.m. – 12:00 p.m. Fee: \$80



Softball Clinics (Grades 1–7)

Through drills, stations, and games we will be focusing on teaching the proper mechanics of hitting, throwing and fielding. Students should bring a water bottle and glove. Bats and helmets will be provided for those in need. Softball safety facemasks are optional.

Instructor: Tabitha Lamontagne & Matt Walsh

Dates: Thursdays, March 5 – April 16 (no class 3/26)
Time: 6:00 – 7:00 p.m.
Location: FMS Gym
Fee: \$40

Pine Tree Kickers Tae Kwon Do (Grade 2 and up)

Tae Kwon Do is a great way to become physically and mentally fit while having fun. Learn valuable life long skills – respect, self-confidence, and courage, all while practicing self-defense techniques. Great introduction to the martial arts while incorporating fun games and drills. Free uniform for your first session!

Instructors: Jake Daniele, Steve Day & Donald Cyr

Time: 5:00 – 5:45 p.m. (Beginner); 6:00 – 6:45 (Intermediate)
Location: Mast Landing School Gym

Class	Dates	Fee
Late Winter	Thursdays, February 5 – April 9 (no class 2/19)	\$85
Spring	Thursdays, April 16 – June 25 (no class 4/23 or 5/28)	\$85
Summer	Thursdays, July 2 – August 27 (summer hours vary)	\$85

Little Laxers Lacrosse (Grades K-2)

Come out and learn one of the fastest growing sports in the country: lacrosse! This program will provide a fun introduction to basic lacrosse skills and help provide a great foundation for player development. Players will learn how to hold the stick, throw, catch, cradle, shoot and dodge. Sticks will be provided, so no equipment is necessary. Come join the fun!

Dates: Saturdays, May 2 – June 6

Times: 8:00 – 9:00 a.m.

Location: FHS JBS Track & Field

Fee: \$65

Youth Lacrosse (Grades 3-6)

Before April Vacation, practices will be held on Sunday mornings on the turf at FHS. After that, practices will move to two evenings per week at Pownal Road Field. Games will be on the weekends, beginning in May. Boys need NOCSAE ND200 approved shoulder pads, helmet, gloves, mouth guard, and stick. Girls need a mouth guard, eye guard, and stick. **Registration closes February 28.**

Dates: March 29 – June 14

Locations: FHS/Pownal Road Field
and surrounding towns

Fee: \$100



Winter/Spring Swim Team (Grades 6-8)

We are excited to announce the return of our middle school swim team! Middle schoolers can join this co-ed team to learn and develop the necessary event skills including different strokes, breathing techniques, flip turns and more. No experience necessary; beginners welcome! The team will practice or attend meets against neighboring towns two to three times (specific days and times TBD). ***Please reach out if you are interested in helping lead this program!***

Instructor: TBD

Dates: Winter/Spring Shoulder Season (likely February-April);
specific dates TBA

Time: Weekday evenings; specific times TBA

Location: Practices & Meets TBA

Fee: \$100

NEW!



The FUNdamentals of Rugby (Grades K-2, 3-5 & 6-8)

In partnership with the Portland Rugby Football Club (PRFC), the Major League Rugby champion New England Free Jacks, and USA Rugby, we are excited to introduce the game of Rugby to our community! This five-week youth instructional program will emphasize the mechanics and skills of the game in a safe, fun environment. Players will learn the basics of playing offense and defense, passing and receiving, teamwork, and sportsmanship—all in a friendly flag-football-style setting. After five instructional sessions, there will be a capstone “festival” day, where the players from the rugby hubs will gather for a day of competitive round-robin play, food, and fun. This program will lead to summer Rugby camps, a youth Rugby league, and competitive Rugby offered through Maine high schools. Don’t miss this great chance to get involved early!

Dates: Thursdays, May 7 – May 28 / Sun., June 7

Times: 3:30 – 4:30 p.m. for grades 6–8

4:30 – 5:30 p.m. for K–5

Location: FHS Softball Field

Fee: \$40



Disc Golf Club (Grades 6–8)

This new program is open to anyone interested in learning the basics of disc golf. Join us for after-school practices and challenges; friendly competitions may be scheduled with neighboring towns. Players will learn standard throwing techniques and rules of the game, as well as course etiquette. Discs may be provided upon request (limited assortment and quantity). Specific days and times will be announced as the snow melts.

NEW!

Instructor: Keith Stone

Dates & Times: Weekdays after school (likely Tuesdays)



Youth Ultimate (Grades 6–12)

Join the Freeport Ultimate program and compete against other schools in this ultimate flying disc league! High school boys and girls teams will share the field in joint practices consisting of co-ed drills and scrimmages, as well as single-gender play. Teams will have the option to split into separate gender divisions, or play in the Mixed Division for league games and tournaments. Game days will take place on Tuesdays, with backup days (weather, other rescheduling) on Wednesdays and Thursdays. Please note that registration for this sport also requires a Youth Membership with USA Ultimate (an additional \$40 cost).

The middle school season will consist of clinic style practices, with an emphasis on learning basic fundamentals, rules and strategy of the game. These clinics will happen on Saturdays at Hunter Road Field, beginning in late April. This age group may have the option to play in additional scrimmages, games, or tournaments against other schools.

Dates & Times: April through June, TBD

Location: Hunter Road Fields & Wainright Sports Complex, South Portland

Fee: \$80

Winter/Spring Youth Volleyball (Grades 6–12)

Join this fun and competitive co-ed volleyball program! Come play pickup volleyball and sweat away those winter blues. No drop ins; must be pre-registered with Community Programs.

Instructor: LuiLui Lui

Dates: Sundays, January 4 – May 24

Time: 5:00 – 6:30 p.m.

Location: FHS Gym

Fee: \$15



Summer Camps

Camp Seaside (Grades K-5)

Camp Seaside is a summer day camp based out of Mast Landing School in Freeport designed to get kids outside and experiencing all that Maine has to offer over the summer vacation months. Campers and their team of counselors travel three to four times throughout each week to local parks, beaches, recreation areas and more to explore, learn and most importantly have fun!



Camp Seaside is made possible by staff that love children and the great outdoors! Staff members work hard to create programming that gets children active, outside and inspires exploration for the natural world and our community. All staff attend pre-service training and are certified in First Aid and CPR.

Camp Seaside is divided into two age groups: Puffins (entering grades K-2) and Seals (grades 3-5). Each group will have their own team of counselors. A schedule of trips will be available before the start of camp.

Camp runs from 8:30 a.m.-3:30 p.m. daily. Before and after care for those participating in camp are available from 7:00 a.m. – 8:30 a.m. and from 3:30 – 5:30 p.m. daily. Before and After Care cost is \$30 each for the week or \$60 for both (or less during a shortened week).



Camp fees include all field trips and special events. A deposit of 20% of your total camp fees is due when your child's registration is confirmed, with an additional 20% of the total cost due by the 20th day of the months of February, March, April and May. Full payment is due before your child is scheduled to attend. Scholarship applications are always welcome.



Session	Dates	Fee
Week 1	June 29 – July 2 (no camp 7/3)	\$235
Week 2	July 6 – 10	\$295
Week 3	July 13 – 17	\$295
Week 4	July 20 – 24	\$295
Week 5	July 27 – 31	\$295
Week 6	August 3 – 7	\$295
Week 7	August 10 – 14	\$295



Camp Seaside and Teen Treks enrollment is determined by a lottery system. Enter through our registration page between January 5 and 19. Notifications will be sent January 23.

Teen Treks (Grades 6 – 12)

Fun and adventure are guaranteed in this on-the-go camp for teens. These trips provide an excellent opportunity for teens to get outdoors and enjoy all that Maine has to offer in the summer. Each week includes adventurous trips and activities suited for any teen looking to have a memorable summer!

Three Teen Treks Extreme Weeks that include overnight camping. Extreme activities may include canoeing and moose watching, downhill mountain biking, adventure parks, ropes course sessions, and whitewater rafting. A detailed schedule of events will be posted when available.

Campers may be dropped off at FHS as early as 8:30 a.m., and must be picked up no later than 4:30 p.m. Overnight trips will depart early Wednesday, and may return as late as 5:30 p.m. the following day. Teen Treks runs Monday through Thursday, only.

Session	Dates	Fee
Week 1	June 29 – July 2	\$295
Week 2	July 6 – July 9	\$295
Week 3	July 13 – July 16	\$295
Week 4x	July 20 – July 23*	\$460
Week 5	July 27 – July 30	\$295
Week 6x	August 3 – 6*	\$460
Week 7	August 10 – 13	\$295

* includes Wednesday overnight



(Photo for illustration only. All of our kayakers wear a PFD.)

Seaspray Kayaking Camps

Kids Kayaking & Paddleboard Camp (Ages 8–11, 12–15): Spend the week kayaking and paddleboarding at Winslow Park in Freeport! Instructors from Seaspray Kayaking will mix games, challenges, exploration and a big expedition on the last day to ensure great memories! Participants will also learn paddle strokes and rescue techniques during the week.

Island Overnight Kayaking Camp (Ages 11 & up with prior paddling experience): After spending a day brushing up on paddling skills and preparing for the expedition, participants will be ready to explore Casco Bay for three days and two nights by sea kayak. Guides from Seaspray Kayaking will teach participants how to read the charts and navigate to their island campsites.

Instructors: Seaspray Kayaking

Locations: Winslow Park, Freeport/Sandy Beach, Cousins Island, Yarmouth

Location	Dates & Times	Fee
Kids Kayaking	July 13 – 17, 9:00 a.m. – 12:00 p.m.	\$350
Overnight Kayaking	July 27 – 30, 9:00 a.m. drop off	\$465

Arts and Enrichment Camps

Maine Summer Art Camps (Grades K–6)

Our drawing, painting and sculpting projects will reflect animals and places around Maine. We might create something to be used in nature, such as a bird house, bird feeder or fairy house! Kids can take projects home to share with their family.

Instructor: Sarah Cass

Days: Monday – Friday

Time: 9:00 a.m. – 12:00 p.m. (K-3), or 9:00 a.m. – 3:00 p.m. (4-6)

Session	Location	Dates	Fee
Loon (K-3)	MSS	July 6 – 10	\$150
Moose (4-6)	FHS	July 20 – 24	\$250
Chickadee (K-3)	DCS Art Room	August 3 – 7	\$150
Bear (4-6)	DCS Art Room	August 10 – 14	\$250

Junior Chef Camp (Grades 3–6)

Join DCS Kitchen Manager and Chef Extraordinaire Deb Koval each morning to learn how to make healthy snacks, meals, and desserts from around the world. Kids will get hands-on experience cooking and baking, while learning about nutrition, math, and culture. Each camper will come having eating a lunch they prepared together, and with the skills to help you in the kitchen and help themselves to something delicious!

Instructor: Deb Koval

Time: 9:00 a.m. – 12:00 p.m.

Location: DCS Kitchen & Cafeteria

Session	Dates	Fee
June	Weekdays (5 days, starting Thursday), June 25 – July 1	\$135
August	Monday – Friday, August 17 – 21	\$135



Musical Theater Performance Camp (Grades 5–12)

Oh, step right up—there's a camp you should know! A theater-filled place where young actors can grow... Step into the spotlight this summer! Our two-week theater camp is an exciting, full musical experience of *Seussical, The Musical JR.* For young performers ages 10–18—whether they're brand new to the stage or already love performing, lots of fun for everyone.

Campers will explore acting, improvisation, voice, movement, and stagecraft in a fun, supportive environment led by experienced theater artists. Through games, workshops, rehearsals, and creative collaboration, students will build confidence, creativity, and teamwork skills while learning the fundamentals of live theater.

The session culminates in a fully staged and produced performance for family and friends, giving every camper a chance to shine on stage.

No prior experience is required—just curiosity, enthusiasm, and a willingness to be a part of something special! Join us for two weeks of imagination, laughter, and applause, and discover the magic of musical theater from the inside out. So come make some magic, take a bow, take a chance—at our theater camp, where imaginations dance!

Instructor: Tony Del Rosso and Staff

Time: 9:00 a.m. – 3:00 p.m.

Location	Dates (Two Weeks)	Fee
FHS Performing Arts Center	Monday – Friday, July 27 – August 7	\$475

STEAM Camps

The DaVinci Experience (Ages 4–12)

The DaVinci Experience is a summer camp and childcare program serving families in Cumberland County, Maine. DaVinci offers children an enriching educational program run by experienced staff in a safe, joyful, and inclusive environment. Our goal is to create lifelong learners and free thinkers through a curriculum that focuses on the development of the whole child: physical, social, emotional, and cognitive. Our intuitive, child-centered curriculum is a safe space for children to engage and take ownership of their own learning through hands-on experiences and dramatic play.

Instructor: The DaVinci Experience Register at DaVinciExperience.com

Time: 8:00 a.m. – 12:00 or 3:00 p.m.

Location: MSS Learning Cottage

Groups split by age. Kids 13 and older may apply to be CITs

Session	Dates	Fee
Grinding Gears with Engineers	Monday – Friday, July 27 – 31	TBD
Zoo Vet	Monday – Friday, August 3 – 7	TBD
Picasso to Pop Art	Monday – Friday, August 10 – 14	TBD

SparkYou Summer Camps (Grades 1-6)

Pixels & Blocks Creators Camp At this SparkYou's Camp is where Minecraft and LEGO lovers discover that screens are fun... but building things in real life is even cooler. Campers get limited, supervised game time (yes, we set a timer), then power down and bring their ideas off-screen—designing characters, building structures, engineering magnetic slime, and creating their own custom “skins” using real-world materials (no Wi-Fi required). Throughout the week, kids explore the science and technology behind video games—pixels, design, engineering, and problem-solving—through friendly challenges, creative builds, and teamwork. Expect big imaginations, messy hands, collaborative wins, and kids who forget they’re learning STEM because they’re too busy having fun. Perfect for builders, creators, and future game designers who love to think, tinker, and create.

Slime Masters Camp is not for the faint of heart—or clean hands. This is where kids become elite slime scientists, mixing, stretching, squishing, and occasionally dropping slime in ways that would make a vacuum cry. Campers create every kind of slime imaginable: fluffy, magnetic, glow-in-the-dark, metallic and edible slime. Underneath the gooey chaos is real science. Kids explore chemistry concepts like polymers, chemical reactions, and states of matter, testing recipes and problem-solving when slime goes rogue (it happens). Best of all for parents: all the mess you don’t want in your house—we proudly endure here at camp. What to expect: laughter, confidence, creativity, and kids who come home exhausted, happy, and just a little sticky. Our tables get slimed, hands get messy, and your kitchen stays safe.

Wizards & Potions Camp is also offered in February. See page 17.

Instructor: SparkYou

Time: 9:00 a.m. – 3:00 p.m.

Location: MSS Learning Cottage

Session	Dates	Fee
Pixels & Blocks	Monday – Friday, June 29 – July 3	\$440
Slime Masters	Monday – Friday, July 6 – 10	\$440
Wizards & Potions	Monday – Friday, July 13 – 17	\$440



Gee's Games & Giggles (Grades K-5)

This program will offer a variety of games (tag, cooperative, team, competitive & un-games). Each day of camp will challenge the participant to honor the game and re-define the winner within themselves. The games taught will fill the emotional tank with giggles and game skills in becoming a better player. A week filled with laughter, lots of games, and playful spirit. Participants should pack a snack, lunch and water bottle as well as wear comfortable clothes and sneakers each day for camp.

Dates: Monday – Thursday, July 20 – 23

Time: 9:00 a.m. – 4:00 p.m.

Location: FMS Gym & Fields

Fee: \$140

Gee's Skills Academy (Grades K-5)

The Academy will focus on teaching children the skills they need to participate in a variety of sports and activities such as basketball, soccer, and more. Participants will learn the importance of maintaining a positive attitude and how to work effectively as part of a team. This program is perfect for the child who wants to learn the skills needed to understand how sports and games work. Campers should bring lunch, drinks, and snacks.

Dates: Monday – Friday, July 6 – 10

Time: 9:00 a.m. – 4:00 p.m.

Location: FMS Gym & Fields

Fee: \$160

Gee's Drama and Dance (Grades K-5)

Campers will enjoy a fun-filled week featuring daily centers and activities designed to boost improvisation, creative thinking and storytelling as well as expose them to music and movement from around the world. This camp also integrates special guest community leaders, musicians, and dancers from Freeport who will join us for spontaneous dance parties!

Dates: Monday – Friday, July 13 – 17

Time: 9:00 a.m. – 4:00 p.m.

Location: FMS Gym & Cafeteria

Fee: \$160



Fairy Dance Camp (Ages 3–5)

Encourage your child to use their imagination, spread their wings and join us for a week of Fairy Fun Dance Camp! Daily activities include; ballet and creative movement dance instruction, with an emphasis on vocabulary and technique. We will round out the day with tumbling, crafts and dance games.

Days: Monday – Friday

Dates: July 13 – 17

Time: 9:00 a.m. – 12:00 p.m.

Location: FHS Cafeteria

Fee: \$165



Fairy Tale Princess Dance Camp (Ages 5–8)

A magical experience to become the princess of your dancing dreams! Come dressed in your favorite Princess dance outfit. Students will learn themed movements and all the essentials of becoming a true princess! Activities include tap and ballet instruction, tumbling and creative movement, technique and vocabulary. Family are invited the last day to join the Royal Celebration!

Dates: Monday – Friday, July 20 – 24

Time: 9:00 a.m. – 12:00 p.m.

Location: FHS Cafeteria

Fee: \$165

Top Rockers Hip-Hop and Jazz Dance Camp (Ages 6–11)

Students will learn various styles of hip hop and choreography. Instruction in the fundamentals and vocabulary of hip-hop will help to round out the week. Techniques include: popping, locking, waving, isolation, breaking and tumbling. We will finish out the day with dance games, crafts and other fun activities. An outdoor demonstration on Friday will complete this high energy week.

Dates: Monday – Friday, July 27 – 31

Time: 9:00 a.m. – 12:00 p.m.

Location: FHS Cafeteria

Fee: \$165

Sports Camps

Falcon Fusion Summer Track & Field (Grades K–9)

Join us this summer for this great sport that has something to offer every young athlete. Falcon Fusion promises to be a great deal of fun, will develop an appreciation for the sport, and build team and individual skills. Uniform tops provided. **Volunteers are critical to the success of this program.**

Instructors: Jared & Deedra Boudreau, & Matt Greear

Dates: Mondays & Tuesdays, June – August, TBD

Time: 5:00 – 6:30 p.m.

Location: Joan Benoit Samuelson Track & Field, FHS

Fee: \$100 (+USATF Membership for competition)

Falcon Football Camp (Grades 3–8)

This year we're offering a week long camp with half day and full day options. Morning sessions will consist of agility training, individual technique drills for all positions, fun games such as Falcon Ball, Endzone Passing, and Punt/Pass/Kick. Afternoon sessions will cover offensive and defensive schemes, followed by Flag Football games. Players need to bring cleats, a large refillable water bottle, athletic clothes, snacks, sunblock and a ton of Falcon Pride!

Instructors: Paul St. Pierre & FHS Players

Dates: July 13 – 17 (dates and times may change)

Time: 8:00 a.m. – 12:00 or 3:00 p.m.

Location: Joan Benoit Samuelson Track & Field, FHS

Fee: \$125/\$165

Falcon Basketball Camp (Grades 3–8)

There is more to learn from basketball than just basketball itself. With an encouraging and supportive atmosphere, players will be introduced to basic skills, concepts, and fundamentals through fun and effective drills and games. Learning from older players gives an inside view to the future of high school basketball and the pride of our Falcon players. Players should bring lunch, snacks, and water.

Instructors: FHS Coaches and Players

Location: FHS Gym



Session	Dates & Times	Fee
Boys 5–8	Monday – Thursday, June 29 – July 2, 8:00 a.m. – 3:00 p.m.	\$125
Boys 3–8	Monday – Thursday, June 29 – July 2, 8:00 – 11:00 a.m.	\$65
Girls 5–8	Monday – Friday, July 13 – 17, 8:00 a.m. – 3:00 p.m.	\$155
Girls 3–8	Monday – Friday, July 13 – 17, 8:00 a.m. – 11:00 p.m.	\$80

Falcon Soccer Camps (Grades K-8)

The focus of this program is to provide players with the correct tools to help them develop a passion for the game of soccer while teaching them the basic skills like dribbling, passing, and shooting. It will also highlight a positive character trait in each session, such as respect and teamwork, through fun games and team interaction. Hone your skills and get ready for the fall!

Instructor: Peter Mills & FHS Players

Days: Monday – Friday

Time: 8:00 – 11:00 a.m.

Session	Location	Dates	Fee
Seniors (4-8)	JBS Track & Field, FHS	July 20 – 24	\$80
Juniors (K-3)	JBS Track & Field, FHS	July 27 – 31	\$80

Challenger Sports International Soccer Camp (Ages 3-14)

Challenger Sports International Soccer Camp is the most popular soccer camp in the country. Hundreds of Challenger coaches each year have helped the organization develop one of the most innovative approaches to coaching youth soccer in the U.S. Our experienced staff study the game at all levels and have identified the key techniques and skills that your players need to work on and master to reach their true potential. Each day includes individual foot skills, technical drills, tactical practices, small sided games, coaches' scrimmages, and a daily World Cup tournament. Includes free ball and t-shirt.

Instructor: Challenger Sports	Ages	Time	Fee
Dates: Monday – Friday, August 3 – 7	3-4	9:00 – 9:45 a.m.	\$125
Location: DCS fields	5-14	12:30 – 3:30 p.m.	\$220
	8-14	9:00 a.m. – 3:30 p.m.	\$320

Register now at ChallengerSports.com for Early Bird pricing!

Falcon Girls Lacrosse and Field Hockey Camp (K-8)

Break out your field hockey and lacrosse sticks for a week of fun and skill development. Players may choose to participate in one or both sports. Mouth guards and sneakers or cleats are required for both sports, as well as a stick. Field hockey requires shin guards and lacrosse requires an eye guard. A snack (to be eaten outside the turf area) and water bottle are also required.

Instructors: Marcia Wood and FHS Players

Dates: Weekdays only, June 25 – July 1

Location: Joan Benoit Samuelson Track & Field

Sport	Time	Fee
Field Hockey	8:00 – 10:00 a.m.	\$75
Lacrosse	9:00 – 11:00 a.m.	\$75
Both Sports	8:00 – 11:00 a.m.	\$10



Falcon Golf Clinic (Ages 8–13)

Skilled members of the Freeport High School golf team will be present to provide instruction and guidance to the participants. It presents an excellent opportunity for young golfers to learn from some of the finest high school golfers in the state. While it is recommended that each student brings their own set of clubs, we will have a limited number of clubs available for use in case bringing personal clubs is not feasible.

Instructor: Jason Oulette, FHS Varsity Golf Coach

Dates: TBD (3 Days)

Time: 6:00 – 7:00 p.m.

Location: Maine Golf Center, Freeport

Fee: \$50

Team Sports Sampler (Grades 2–6)

Experience traditional sports from around the world including soccer, basketball, lacrosse, volleyball, football, and more. All activities will promote good sportsmanship, teamwork, and most of all, FUN. This sports camp is appropriate for children of all abilities.

Instructor: Rocco Linehan

Days: Monday – Friday

Times: 9:00 a.m. – 12:00 p.m.

Location: FMS Field & Woods

Session	Dates	Fee
Grades 2–4	August 3–7	\$80
Grades 4–6	August 10–14	\$80



Tennis in the Parks (Grades 1–8)

Led by a USTA-approved coach, the Tennis in the Parks program will focus on developing the skills to serve, rally and play – so it's perfect for beginners and first-time players. We focus on FUN and learning the basics through play. This program uses modified tennis balls, age-appropriate rackets and the latest engaging activities that help players successfully learn and play the game quicker. All players in their first session receive and keep a new age-appropriate racquet and ball!

Instructor: Dave Cousins FHS Tennis Coach

Dates & Times: TBD (6 Weekdays)

Location: FHS Tennis Courts

Fee: \$80

Fall Football

The Freeport Gridiron Club will be hosting their annual Registration Event in June – more details to come. ALL players and their families are asked to attend this FUN event, regardless of age and regardless of if you have already registered. Player measurements will be taken, and this is critical to ensuring we have the right equipment available for the upcoming season which starts in August. Important information will be handed out, and we'll have coaches and board members available to answer questions for players and families. We will also have football fun planned for all ages of our football players – getting them excited for the upcoming season. **All programs are open to youth in Durham, Freeport, and Pownal.** Visit our Facebook Page at **Freeport / Pownal / Durham Football** for more details and specifics around the event in June as it gets closer.

NFL Flag Football (Grades K – 2)

We are very excited to offer this NFL Flag Football program for all players from Durham, Freeport, and Pownal. This is a “no tackle” football program, where Safety and Fun are the main focus. This program will provide an introduction to football for our younger players. Equipment and team shirts will be provided. Players need to provide their own cleats, protective cups, and mouth guards. Players practice once a week at the Pownal Road Field and will have both home and away games. All dates are subject to change. Exact dates and times of practices and games are TBD until the season gets closer.

Dates: Wednesdays & weekends, August 22 – November 1, TBD

Times: Wednesday evenings & weekend mornings, TBD

Location: Pownal Road Field

Fee: \$75

Youth Football (Grades 3–6)

Get your youth athlete enrolled in this exciting program! Teams are formed as grades 3/4 and grades 5/6. Each team holds 2-3 practices per week, with games on the weekends, at Pownal Road Field. Games are both home and away. Players will be provided practice and game pants and jerseys, shoulder pads and helmets. Players need to provide their own cleats, protective cups, and mouthguards. Dates and times of practices and games will be announced as the season nears.

Dates: August 15 – November 15, TBD

Location: Pownal Road Field

Fee: \$90

Dear Families,

Our Laugh and Learn programs provide high quality early childhood education and childcare services to serve families in the RSU5 community. We offer full-day and half day preschool for children ages 3–5 years old, as well as before and after care for children in our preschool programs and for students ages 5–12 years old in the Durham, Freeport and Pownal schools.

The Laugh & Learn preschool program is rooted in a thoughtful child focused curriculum with embedded literacy and numeracy. The preschool day consists of structured activities, free play and outside play opportunities for students. We value the importance of “play” and social emotional learning as a part of early learning as a whole.

Laugh & Learn’s Before and After Care offers children the opportunity to get outside, participate in free play, structured activities, basic homework help and includes a healthy snack option. Before Care takes place at Durham Community and Mast Landing Schools and our After Care programs take place at Durham Community, Mast Landing and Pownal Schools.

Preschool Program (Ages 3–5)

Location: Enrichment and Learning Center at MLS
Options (3 day minimum):

Morning Half Day: 8:30 a.m. – 11:45 a.m.

Afternoon Half Day: 11:45 a.m. – 3:00 p.m.

Full Day: 8:30 a.m. – 3:00 p.m.

Before Care: 7:00 a.m. – 8:30 a.m.

After Care: 3:00 p.m. – 5:30 p.m.

* Bus transportation available between Public Pre-K and Before/ After Care only

Preschool Registration for the

'26-'27 school year opens February 2, 2026

Before and After Care (Ages 5–12)

Locations: Durham Community School, Mast Landing School, Pownal Elementary School (after care only)
Options (3 day minimum):

Before Care: 7:00am - start of school day

After Care: End of school day - 5:30pm

Before and After Care Registration for the

'26-'27 school year opens 1st 2026



Harraseeket Adventure TRI



Harraseeket Adventure Triathlon

Come out this spring and test your adventure endurance at the Harraseeket Adventure Triathlon! Whether you're competing for best time, or for the simple satisfaction of showing your mettle – we've got an exciting day waiting for you. The tri begins with a kayak sprint on the waters of Casco Bay, then moves to a road and trail bike course, and wraps with a trail run. Competitors may use their own equipment, or rent from our outfitting partners. We hope you'll take part in this fun event that will surely become a standby of the spring race circuit. Proceeds from this event will help support our summer camp scholarship program.

Date & Time: Saturday, May 30, noon start

Fee: \$75

Kayak or Bike Rental: additional \$30 each

Great Osprey 10K

Our annual race also returns this fall!

Saturday, November 7,
Wolfe's Neck Woods
State Park

RSUS5 Community Programs

17 West Street
Freeport, Maine 04032

Office Hours

Monday – Friday
7:30 a.m. – 4:00 p.m.

Website

www.rsu5cp.org

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Telephone Numbers

Community Programs	207-865-6171
Recreation	207-865-6171 x325
Adult Education	207-865-6171 x322
Childhood Education/Laugh & Learn	207-865-6171 x326
RSUS5 Central office	207-865-0928

