

## Durham Freeport Pownal COMMUNITY Programs



### Table of Contents

Table Of V	Contents
Message from the Director 3	Adult Lea
Registration Information 4	Chinese Co
	Photograp
Youth & Teen Spring Programs	
Mad Science5	Adult En
Chess 5	Maine Driv
Maine Nature Art 6	Bicycle Ba
Cheer & Dance 6	Sports
Sports (incl. Lacrosse) 8	Sailing
Teen Programs 10	Sign Langı
	Studio Art
Summer Camps	Gardening
Camp Seaside 11	Publishing
Sailing & Kayaking 12	
Teen Treks 13	Adult Edu
Pam Gee's Elementary Fun 14	High Scho
Kate Andreu's Dance15	Learning L
Arts & Enrichment 16	Career Acc
STEAM Camps 17	English La
Sports Camps18	College Pr
Fall Football 21	Laugh & I
Program Facilities	Address
Francet Ligh School	20 Halbra

Freeport High School Freeport Middle School **Durham Community School** Mast Landing School Pownal Elementary School Morse Street School The PORT/Freeport Community Center

### **Mission Statement**

**RSU5 Community Programs** is dedicated to developing and maintaining a balanced program for all segments of the community in the areas of civic affairs, based on the identified needs of the community.

"Enriching lives... strengthening community"

### rning: Asynchronous

Chinese Cooking with Chris Toy	22
Photography/Tech	22

### richment

Maine Driving Dynamics	23
Bicycle Basics	23
Sports	24
Sailing	24
Sign Language	25
Studio Artisane	25
Gardening & Foraging	26
Publishing	27

### ucation

High School Equivalency	28
Learning Lab	28
Career Access	29
English Language	29
College Preparation	29

### L**earn .....** 30

Address	Abbr.
30 Holbrook Street, Freeport	FHS
19 Kendall Lane, Freeport	FMS
654 Hallowell Road, Durham	DCS
20 Mollymauk Lane, Freeport	MLS
587 Elmwood Road, Pownal	PES
21 Morse Street, Freeport	MSS
53 Depot Street, Freeport	PORT

### **RSU5 Community Programs Staff**

Peter Wagner, Director wagnerp@rsu5.org Chris Guerette, Recreation Coordinator guerettec@rsu5.org Leah Campbell, Childhood Ed. Coord. campbelll@rsu5.org Katy Bizier, Adult Education Coordinator bizierk@rsu5.org Cara Olfene. Office Coordinator olfenec@rsu5.org Ciprian Marinut, Rec. Program Assistant marinutc@rsu5.org

Dear Friends and Neighbors,

The past year has been unlike any other, and I sincerely hope the arrival of this publication finds you and your loved ones safe and well. This time of pandemic has given each of us an opportunity to learn some important lessons -- about how to lend a hand to those in need, about how to adapt our lives to the new realities around us, and about how to safely connect with other members of our community to do good work. It's been quite an experience, to be sure, and as the vaccine reaches more and more of us we look toward the spring and summer with the hope and excitement of a return to normalcy.

This catalog details a wide range of programs that we'll be offering in the coming months, with a distinct emphasis on summer camps and recreation offerings for children... but we've worked hard to assure that there's something for everyone.

I'd also like to take this opportunity to publicly call out the excellent work of the Community Programs team. Cara, Chris, Ciprian, Katy, Leah, and our Laugh & Learn caregivers have really shown their stuff since last March, and their dedication has kept us afloat through a uniquely challenging year. For the first three months of the pandemic this group kept things lively with a slate of virtual offerings. Beginning in June we got back to business and ran a full schedule of summer camps and programs, and ever since we've kept up a steady output of programs for youth and adults alike. Our numbers have predictably been below normal, but we've been there for the families and individuals who rely on us for a wide range of services. As we roll out any program, safety has been foremost on our minds, and we've delivered on our promise of prioritizing the safety of our participants and leaders/instructors.

We have been there for our community through these difficult times. And as we focus on the light at the end of the tunnel, I hope that you will be there for us. We need your participation and your business. We need your leadership and your good ideas. Please take a look through this catalog, and join us!

As always, I'll close with my usual call to action. If you've got questions about any of our programs, or have suggestions for us or would like to offer your time and talents as an instructor/coach, please be in touch. The more we hear from you, the better we are.

See you out there!

Sincerely, Peter Wagner Director, RSU5 Community Programs

### How do I register for a class or program?

You may register online, by mail, in person, or by phone. To register online, visit **rsu5cp.org** and click **Register** in the main menu. If mailing, please include a completed registration form and make checks payable to *RSU5 Community Programs*. All major credit cards are accepted.

### How do I establish an online account?

Before registering for any programs online, you must create an online registration account. If you are registering a child for an activity, please use your own information when filling out the online account creation request form, NOT the information of the child you wish to register for an activity. Once an adult has an online account, they may add family members.

### Do you offer scholarships?

Community Programs offers limited scholarships for most school year programs. Amount of scholarship is based on Maine State income guidelines for free and reduced school lunch. Scholarship applications must be completed at least 2 weeks prior to start of any program. Summer Camp scholarships are provided by Freeport Community Services. Forms for both applications can be found on our website under General Info.

### Are there late pickup charges?

Yes! It is critical that youth participants be picked up on time at the end of a class or program. A late fee of \$20 will be charged for every part of 15 minutes that a staff member must wait with a minor to be picked up.

### Accessibility

If you require any special accommodations to participate, please call our office.

### **Cancellation & Refund Policy**

RSU5 Community Programs reserves the right to cancel or consolidate any program that does not meet the minimum participant registration numbers. If we cancel a class or activity, we will do so at least five business days before the scheduled start date. If we cancel a course, we will refund or credit 100% of the class fee. We will credit an account for all refunds under \$10. If requesting a check for a larger refund (cash refunds are not available), it may take three weeks for the refund to process. Credit card refunds are processed immediately.

### Refunds for Regular Programs/Classes

- FULL Refund (Minus \$5 processing fee) you withdraw from class three business days or more before the start of class.
- 50% Refund (Minus \$5 processing fee) you withdraw two business days before or up to the end of the first class.
- No refund will be given if you withdraw from a program less than three days before a one-class workshop, or if you drop and do not notify us. After the end of the first class no refund will be given.

### **Spring Youth Courses**

### **Mad Science of Maine: Engineering Mania (Grades K-5)**

Nourish your scientific enthusiasm and curiosity through exciting exploration into the many exciting aspects of Engineering! Become a junior architect and engineer by building model bridges and arches. Discover how airplanes defy gravity as you make a rotor kite twist and an airship twirl. Make chemical engineering come to life as you mix up a few reactive ingredients for some sensational results. Put the "loco" in motion and explore Newton's laws with crash test dummies and rubber band propelled rockets. Imagine, build, design, and have a scientific blast as we channel your excessive enthusiasm in this exciting introduction into the world of Engineering! *Morse Street Students may ride the bus from school to Mast Landing.* 

### **Instructor: Mad Science of Maine**

Location	Dates	Time	Fee
MLS Art Room	Tuesdays, April 6 – June 1	3:30 - 4:30	\$115
DCS Art Room	Thursdays, April 8 – June 3	3:20 - 4:20	\$115
	(8 weeks, no classes 4/20-22)		





### Fundamentals of Chess (Grades K-5)

Have you ever wanted to learn how to play chess? Do you play and want to enjoy a little competition each week? Join us each week as we learn to sharpen our skills in the Game of Kings, from the basics to advanced strategies.

### **Instructor: Ciprian Marinut**

Locations: DCS Library/MLS Activity Room

Session	Dates	Time	Fee
DCS Open	Mondays, February 22 – March 29	3:20 - 4:30	\$45
<b>MLS Beginner</b>	Tuesdays, February 23 – March 30	3:20 - 4:30	\$45
MLS Advanced	Wednesdays, February 24 – March 31	3:20 – 4:30	\$45

### **Maine Nature Art - Setting Sights on Spring (Grades K-5)**

The groundhog may have said otherwise, but we are going to think "happy thoughts" and call it spring. Maine is a great place to be as we have all five seasons. We will be doing a plant seed project and planting bulbs/seedlings in art created pots, Wood/Nail/String Art Project, Zen garden with a pebble monument, and an ink print. Kids take all their projects home with them. Send Snack and Water if your kiddo needs an extra little boost in the afternoon.

### **Instructor: Sarah Cass**

Location	Dates	Time	Fee
MLS Art Room	Tuesdays, March 9 – 30	3:25 - 4:30	\$65
DCS Art Room	Thursdays, March 11 – April 1	3:20 - 4:30	\$65

### Maine Nature Art - Sculpt & Build (Grades K-2)

Maine Nature will be our continued theme with animals made of papier-mâchié and clay. We will use wood from pine trees to create a photo frame and pebbles from the beach to create a pebble art project. Each week will be a different project which includes an air dry clay project, papier-mâchié project, wood project and a pebble art project. Some recycled materials will be used. Please send your child with clothes that can get messy and a snack and water.

### **Instructor: Sarah Cass**

Dates: Mondays, March 1 – 22 Time: 3:05 – 4:15 p.m.

Location: Morse Street School Art Room

Fee: \$65

### Falcon Cheer Clinics (Grades 1–8)

This is the perfect introductory level program for cheerleaders wanting to brush up or perfect basic skills, or athletes that have never cheered before. This class will focus on cheer skills: proper stunting and tumbling techniques, jumping, motions and conditioning. Led by Freeport High School's Varsity Cheer Coach and Junior Coaches.

### Instructor: Cassandra Croteau

Dates: Wednesdays, March 24 – May 5 (no class 4/21)

Time: 4:30 – 5:30 p.m.

Location: Freeport High School Band Room

Fee: \$50

### **Top Rockers Hip Hop Dance Crew (Grades K-5)**

Join us to learn beginning jazz and hip hop dance moves, conditioning and improvisation. Get ready to have fun and work hard as we move to the beat! Age appropriate music will be used for all sessions. Please send your dancer with comfortable flexible clothes with sneakers. No jeans please. The last day of class there will be a parent showcase, broadcast live on Zoom.

Class	Dates	Fee
DCS Late Winter	Tuesdays, March 2 – April 6	\$65
<b>MLS Late Winter</b>	Fridays, February 26 – April 9	\$65
DCS Spring	Tuesdays, April 27 – June 1	\$65
MLS Spring	Fridays, April 30 – May 28 (5 classes)	\$55

### Instructor: Kate Andreu

Time: 3:20 – 4:30 p.m.

Location: Durham Community School Gym / Mast Landing School Gym



### **Tiny Tappy Toes Dance Combo (Ages 3-5)**

Learn basic ballet, tap and creative movement steps. Dance teaches self confidence, balance, and coordination and keeps a child's mind and body working together. Bring a pair of socks or flexible shoes and dress shoes (for tap technique) to every class. Ballet and tap shoes are recommended but not required. Please send your dancer with comfortable flexible clothes with sneakers. No jeans please. The last day of class there will be a parent showcase, broadcast live on Zoom.

Class	Dates	Fee
MLS Late Winter	Fridays, February 26 – April 9	\$65
MLS Spring	Fridays, April 30 – May 28 (5 classes)	\$55

### **Instructor: Kate Andreu**

Time: 4:30 - 5:15 p.m.

Location: Mast Landing School Gym

### Youth Lacrosse (Grades K-6)

This year's lacrosse season will consist of six weeks of skills and drills clinics in small teams, one weekday evening (for grades 3 & up) and one Saturday per week. All sessions will be held outdoors, kids will wear masks throughout, and hand sanitization will be stressed. Spectators will be limited based on enrollment. Depending on local COVID protocols, the Grade 3–6 season may end with one or two scrimmages versus nearby towns. Parent Volunteers Needed: In order to provide adequate programming for our youth, we need the help of parent volunteers. Please help us continue our tradition of offering this quality program by volunteering to help.

Grades	s Dates & Times	Fee
K-2	Saturdays, May 1 – June 5, 8:00 – 9:00 a.m.	\$60
3-6	Saturdays, May 1 – June 5, 9:30 a.m. – 3:00 p.m. (one hour)	
	One evening per week, starting April 26, 5:30 – 6:30 p.m.	\$75
	(check website for time slots by age and gender, weekdays TBD)	)

Location: Freeport MS

### Gee's Indoor Soccer (Grades K-2)

Come sharpen your soccer skills while staying active throughout the winter in this after-school program. Players will participate in fun drills and games while working on passing, shooting, dribbling, and more! Space is limited.

### Instructor: Pam Gee Time: 3:15 – 4:30 p.m.

Location: Morse Street School Gym

Day	Dates	Fee
Mondays	March 22 – April 26 (no class 4/19)	\$45
Tuesdays	March 23 – April 27 (no class 4/20)	\$45

### **Gee's Floor Hockey (Grades K-2)**

It's floor hockey season at Morse Street School! This fun after school program will introduce the skills of dribbling, passing, receiving, shooting, and offensive and defensive team play strategies of floor hockey. This hour will be full of high activity and excitement.

Instructor: Pam Gee Time: 3:15 – 4:30 p.m.

Location: Morse Street School Gym

Location: Morse	Street School Gym	
Day	Dates	Fee
Wednesdays	March 24 – April 14 & Friday, April 9	\$45
Thursdays	March 25 – April 15 & Friday, April 2	\$45





### **Harraseeket Harriers Running Club (Grades 1–5)**

The primary focus of this program is to promote running as a fun, group oriented activity that is a great way to stay healthy. We are running a local season this spring. We will end the season with two or three meets at Winslow Park (Freeport), Durham Community School, and hopefully Pownal Elementary School. Bus transportation will be provided to and from meets, except for home meets, which will welcome the parents only of runners from those towns (to stay within COVID protocols for outdoor gatherings). For practices, runners may ride a bus from Morse Street School to Mast Landing. Practices will be canceled in the event of rain. Running shoes or sneakers are required, as is attire appropriate for the weather. *Parent Volunteers Needed: In order to provide adequate programming for our youth, we need the help of parent volunteers. Please help us continue our tradition of offering this quality program by volunteering to help.* 

### **Instructor: Ciprian Marinut**

Location	Dates	Time	Fee
DCS	Mondays, April 26 – May 24	3:15 - 4:30	\$30
MLS	Tuesdays, April 27 – May 25	3:25 - 4:30	\$30
MLS	Thursdays, April 29 – May 27	3:25 - 4:30	\$30
Meets	Wednesdays, May 19, May 26, [June 2]	3:45 - 5:00	

### Tae Kwon Do Dragons (Grade 2 and up)

Tae Kwon Do is a great way to become physically and mentally fit while having fun. Learn valuable life long skills – respect, self-confidence, and courage, all while practicing self-defense techniques. Great introduction to the martial arts while incorporating fun games and drills. Free uniform for your first session!

### Instructors: Jake Daniele, Steve Day & Donald Cyr

Time: 6:00 – 6:45 p.m.

Location: Mast Landing School Gym

Class	Dates	Fee
Spring	Thursdays, April 8 – June 10 (no class 4/22)	\$85
Summer	Thursdays, June 22 – August 19	\$85

### Softball Clinics (Grades 1-7)

Through drills, stations, and games we will be focusing on teaching the proper mechanics of hitting, throwing and fielding. Students should bring a water bottle, glove, and face mask. Bats and helmets will be sanitized and provided for those in need. Softball safety facemasks are optional.



Dates: Thursdays, March 18 – April 29

Time: 6:00 – 7:00 p.m.

Location: Freeport Middle School Gym

Fee: \$40



### **Spring Teen Programs**

### Teen Treks (Grades 6-12)

Learn to improve your ability to communicate and cooperate while building confidence and having fun outdoors. Focusing on being part of a team, listening to others, and contributing to meaningful decisions are the hallmarks of a productive citizen, and fostering good citizenship is our goal. This spring the program is being held 100% outdoors and on weekends. We will meet once a month on the first or second Saturday. Location and activity is to be determined each week. Please register for the whole season, so we can all get to know each other!

### **Instructor: Chris Guerette**

Dates: Saturdays, April 10, May 8 & June 5

Time: 9:00 – 11:00 a.m.

Location: Register to get on the e-mail list and learn about our trips

Fee: FREE

### **Driver Education (Ages 15+)**

Roy's Driver & Rider Education is offering 100% digital courses or in-person classes at Freeport High School. Roy's follows all CDC and DECD guidelines as well as any requirements set forth by Bureau of Motor Vehicles. All students are required to wear a mask during class and driving as well as socially distance at all times when not seated. Please call or email for dates. Registration is directly through Roy's Driver & Rider Education at www.roysdriving.com or at (207) 784-6245.

Evening spring classes begin March 16, April 5, May 3 and June 1. Morning summer classes begin July 6 and August 2. All students must be at least 15 years old at the time of the first class.

### **Summer Camps**

### Camp Seaside (Grades K - 5)

Camp Seaside is a summer day camp based out of Mast Landing School in Freeport. Our day camp is designed to get kids outside and experiencing all that Maine has to offer over the summer vacation months. Campers will go on three to four trips a week in the community and surrounding area. Trips will be to local parks, beaches, and recreation areas.

Camp Seaside is divided into two groups based on age: Puffins (entering K-2) and Seals (entering 3-5). Each group will have their own counselor team of four. A detailed schedule of trips will be available before the start of camp.

Camp Seaside is made possible by staff that love children and the great outdoors! Staff members work hard to create programming that gets kiddos outside and instills an appreciation for the natural world and our community. All staff attend pre-service training and are certified in First Aid and CPR.

We provide healthy snacks for kiddos. Lunch is to be brought from home and anything that needs to be refrigerated should be packed in a lunch box with ice packs to keep until lunch time.

Camp runs from 8:30 am -3:30 p.m. daily. Before care runs from 7:00-8:30 a.m. and after care runs from 3:30-5:30 p.m. Before and after care are only for children participating in Camp Seaside. Before and after care cost \$25 each for the week or \$50 for both (or less during a shortened week).

Camp fees includes all field trips and special events. Full payment is due the week before your child is scheduled to attend. A deposit of \$25 per week (\$200 for the full summer) is required at time of sign-up in order to hold your spot.



Session	Dates	Fee
Week 1	June 28 – July 2	\$250
Week 2	July 6 – 9 (no camp Monday)	\$200
Week 3	July 12 – July 16	\$250
Week 4	July 19 – July 23	\$250
Week 5	June 26 – July 30	\$250
Week 6	August 2 – 6	\$250
Week 7	August 9 – 13	\$250
Weeks 1-7	June 28 – August 13	\$1525

### **Outdoor Adventures for Teens and Kids**



### **Cruising Under Sail (Grades 6 -8)**

Join a crew with 5 other middle school students and an instructor and learn to sail a 23' keelboat. Students will learn to row a dinghy, set and strike sail, steer, navigate, use a marine radio, operate a small outboard, watch the weather, tie knots, and follow basic safety all while sailing all over Casco Bay for a week. Our primary middle school instructional boat, the Pearson Ensign, is a strong, fiberglass boat that is still actively raced (and still being built) more than 30 years after its introduction. Ensigns are probably the most comfortable sailboat ever built. They have high backrests and a large, deep cockpit and plenty of space for students to learn and work together while saying separated and outdoors. A full daily schedule is available at rsu5cp.org.

Kids will learn to steer a sailboat, set, reef and strike sail, tie knots, learn terminology, navigate, rules of the road, lead with confidence, work as part of a team, use a small outboard and row a dinghy.

Includes a 1-year membership in US Sailing; U.S. Sailing Small Boat Sailor Certification; Full access to U.S. Sailing Skill-Up App to help students and instructors track individual student accomplishment; National Association of State Boating Law Administrators (NASBLA) safety course certification; Sailing Ships Maine T-shirt, rope, and journal. Program offered in partnership with Sailing Ships Maine, US Sailing & Schooner Harvey Gamage.

### **Instructor: Sailing Ships Maine**

Time: 8:45 a.m. – 4:45 p.m.

Location: TBD Fee: \$295

 Session
 Dates

 Week 0
 June 21 – 25

 Week 1
 June 28 – July 2

 Week 3
 July 12 – July 16

 Week 4
 July 19 – July 23

See adult program on page 24!



### Teen Treks (Grades 6 - 12)

Fun and adventure are guaranteed in this on-thego camp for teens. These trips provide an excellent opportunity for teens to get outdoors and enjoy all that Maine has to offer in the summer. Each week includes adventurous trips and activities suited for any teen looking to have a memorable summer!



Participants must bring a snack, lunch, water bottle, rain gear, shoes that can get wet AND boots or sneakers for hiking, bathing suit, towel, and sunscreen to camp each day. A detailed schedule of events will be posted when available.

This year we will offer two Teen Treks Extreme Weeks that include overnight camping. Week 2X will feature canoeing and moose watching, as well as hikes around Moosehead Lake. During week 6X we will head to AdventureBound for a ropes course session and whitewater rafting on the Kennebec River.

Campers may be dropped off at the PORT as early as 8:30 a.m., and must be picked up no later than 4:30 p.m. Overnight trips will depart at 8:00 a.m. and may return as late as 5:30 p.m. the following day.

Session	Dates	Fee
Week 1	Monday – Thursday, June 28 – July 1	\$250
Week 2x	Tuesday – Friday, July 6 – 9, overnight Thursday	\$395
Week 3	Monday – Thursday, July 12 – July 15	\$250
Week 4	Monday – Thursday, July 19 – July 22	\$250
Week 5	Monday – Thursday, June 26 – July 29	\$250
Week 6x	Monday – Thursday, August 2 – 5, overnight Wednesday	\$395
Week 7	Monday – Thursday, August 9 – 12	\$250

### Kids Kayaking & Paddleboard Camp (Ages 8-15)

Spend the week having fun on the water at Winslow Park with Seaspray Kayaking! Each participant will have their own kayak and/or paddle board as they explore nearby islands and beaches. Paddling skills, rescues, and safety will be taught to ensure plenty of summer fun after the camp. A snack and drink will be provided daily. Kayakers should be prepared for a change in weather conditions. All participants will be notified of schedule changes by phone. Release forms and gear lists can be found at rsu5cp.org. A \$20 sibling discount is available.

### **Instructor: Seaspray Kayaking**

Dates: July 5 – 9

Time: 9:00 a.m. – 12:00 p.m. Location: Winslow Park, Freeport

Fee: \$235

### Gee's Games & Giggles (Grades K-5)

This program will offer a variety of games (tag, cooperative, team, competitive & un-games). Each day of camp will challenge the participant to honor the game and re-define the winner within themselves. The games taught will fill the emotional tank with giggles and game skills in becoming a better player. A week filled with laughter, lots of games, and playful spirit. Participants should pack a snack, lunch and water bottle as well as wear comfortable clothes and sneakers each day for camp.

Dates: Tuesday – Friday, July 6 – 9 (4 days)

Time: 9:00 a.m. – 4:00 p.m. Location: FMS Gym & Fields

Fee: \$125

### Gee's Skills Academy (Grades K-5)

The Academy will focus on teaching children the skills they need to participate in a variety of sports and activities such as basketball, soccer, and more. Participants will learn the importance of maintaining a positive attitude and how to work effectively as part of a team. This program is perfect for the child who wants to learn the skills needed to understand how sports and games work. Campers should bring lunch, drinks, and snacks.

Dates: Monday – Friday, July 12 – 16 Time: 9:00 a.m. – 4:00 p.m.

Location: FMS Gym & Fields

Fee: \$145



### Gee's Drama and Dance (Grades K-5)

Campers will enjoy a fun-filled week featuring daily centers and activities designed to boost improvisation, creative thinking and storytelling as well as expose them to music and movement from around the world. This camp also integrates special guest community leaders, musicians, and dancers from Freeport who will join us for spontaneous dance parties!

Dates: Monday – Friday, July 19 – 23

Time: 9:00 a.m. – 4:00 p.m. Location: FMS Cafeteria

Fee: \$145

### Fairy Dance Camp (Ages 3-5)

Encourage your child to use their imagination, spread their wings and join us for a week of Fairy Fun Dance Camp! Daily activities include; ballet and creative movement dance instruction, with an emphasis on vocabulary and technique. We will round out the day with tumbling, crafts and dance games.



Location	Dates	Time	Fee
MSS Gym	Monday–Friday, July 12 – 16	9:00 a.m 12:00 p.m.	\$120

### Fairy Tale Princess Dance Camp (Grades K-2)

A magical experience to become the princess of your dancing dreams! Come dressed in your favorite Princess dance outfit. Students will learn themed movements and all the essentials of becoming a true princess! Activities include tap and ballet instruction, tumbling and creative movement, technique and vocabulary. Family are invited the last day to join the Royal Celebration!

Location	Dates	Time	Fee
MSS Gym	Monday–Friday, July 19 – 23	9:00 a.m 12:00 p.m.	\$120

### **Top Rockers Hip-Hop and Jazz Dance Camp (Grades 2–6)**

Students will learn various styles of hip hop and choreography. Instruction in the fundamentals and vocabulary of hip-hop will help to round out the week. Techniques include: popping, locking, waving, isolation, breaking and tumbling. We will finish out the day with dance games, crafts and other fun activities. An outdoor demonstration on Friday will complete this high energy week.

Class	Location	Dates	Time	Fee
Gr. 2-4	MSS Gym	MonFri., July 26 - 30	9:00 a.m 12:00 p.m.	\$120
Gr. 4-6	MSS Gym	MonFri., July 12 - 16	1:30 – 4:30 p.m.	\$120

### The Dance Connection Teen Dance Camp (Ages 12–16)

Students will receive instruction in jazz, hip hop and contemporary dance styles. The day will begin with high energy warm ups in both jazz and ballet techniques. We will be building three pieces throughout the week in preparation for the showcase on Friday. This is a high energy camp with an incredible amount of room for dancers to learn, grow and develop essential techniques. This camp is open to beginner and intermediate levels.

Location	Dates	Time	Fee
MSS Gym	Monday–Friday, July 19 – 23	1:00 - 4:00 p.m.	\$120

### **Arts and Enrichment Camps**

### **Sew Wicked Fun Camp (Grades 3-6)**

Come learn basic sewing skills or fine tune your existing ones while making fun projects. Campers will both hand-sew and machine-sew a variety of different items. Projects may include pillows, tool belts, snack bags, and more! Campers are encouraged to add their own creativity to their projects. No experience necessary. All materials and machines provided.

### Instructor: Lori Maxham, Cotton Weeds

Dates: Monday – Friday, June 28 – July 2

Time: 9:00 a.m. – 12:00 p.m. Location: MSS Art Room

Fee: \$135 (limited to 8 participants)



### Junior Chef Camp (Grades 3-6)

Join our professional chef each morning to learn how to make healthy snacks, meals, and desserts from around the world. Kids will get hands-on experience cooking and baking, while learning about nutrition, math, and culture. Each camper will come home with the recipes and skills to help you in the kitchen

### **Instructor: Stephanie Brewer**

Dates: Monday – Friday, June 21 – 25

and help themselves to something delicious!

Time: 9:00 a.m. – 12:00 p.m. Location: FMS Room 152

Fee: \$135

### Maine Nature Art Camps (Grades K-6)

Our drawing, painting and sculpting projects will reflect animals and places around Maine, or create something to be used in nature, such as a bird house, bird feeder or fairy house! Kids can take projects home to share with their family. The group project will be something we can donate to the community or school for display.

### Instructor: Sarah Cass Days: Monday – Friday

Half Day Camps (Grades K-3) Time: 9:00 a.m. – 12:00 p.m.

Location: DCS/MSS Art Room

Fee: \$135

Session Dates
Chickadee (DCS) June 28 – July 2
Loon (MSS) August 2 – 6

### Full Day Camps (Grades 4-6)

Time: 9:00 a.m. – 3:00 p.m. Location: FMS Art Room

Fee: \$225

 Session
 Dates

 Bear (FMS)
 July 12 – 16

 Moose (FMS)
 August 9 – 13

### Script 2 Stage (Grades 4-9)

Have you ever visited the theater with your family, and discovered that your child wants to be an actor? Take advantage of this opportunity to help them pursue that dream! For one week your child will learn what it takes to be part of the world of professional theater. Learn theatrical techniques both onstage and backstage and get the experience needed to understand and start being part of a theatrical production. Students will also play theater related games and other fun activities. During the week, campers will write, act, and perform original pieces to be recorded or performed for parents on the last day. Each week starts from scratch, so campers can attend both sessions.

### Camp Director: Tim Ryan

Time: 9:00 a.m. – 3:00 p.m.

Fee: \$180

Session Location

Freeport FHS Performing Arts Center I

Durham DCS Stage/Cafeteria I

### Dates

Monday – Friday, July 26 – 30 Monday – Friday, August 2 – 6

### **STEAM Camps**

### Mad Science: MAKERS of the Future (Grades 1–6)

Come one, come all, and hop on the MAKER train! A cutting edge camp for the emerging inventor, designer, tinkerer, budding engineer, and artist. Activate STEAM thinking through exploration and creation in the topics of robotics, animation, coding, game design, electricity, energy, and mechanics. Create gizmos using Little Bits and paper circuity. Technology merges with art as we use green screens and make stop animation shorts. Explore robotics and learn coding basics with Bluetooth enabled robots. Dive into the world of coding and make your own video game.

### Instructor: Mad Science of Maine

Dates: Monday – Friday , June 28 – July 2

Time: 9:00 a.m. – 3:00 p.m. Location: MSS Learning Cottage

Fee: \$325





### The DaVinci Experience (Ages 4-12)\*

*Grinding Gears With Engineers:* Over the course of the week, campers will have the chance to dabble with engineering, architecture, and construction. Activities include the egg drop challenge, catapult building, sailboat designing, bridge construction, and more! Each afternoon, senior campers will learn about famous architects and engineers and try to emulate their styles. Junior campers will read a popular STEM children's book and complete a design activity. This camp is for independent thinkers who love to build and create!

*Crime Lab:* Campers will explore the world of forensic science as they study how detectives solve crimes. They will learn about fingerprints, explore chromatography, make up an undercover persona, and more! We will also study famous forensic scientists and detectives.

### Instructor: The DaVinci Experience

Time: 8:00 a.m. – 12:00 or 3:00 p.m. Location: MSS Learning Cottage



**Dates** Fee (Half/Full Day) Monday – Friday, August 2 – 6 \$200/\$310

Crime Lab Monday – Friday, August 9 – 13 \$200/\$310

All registration for DaVinci Experience camps should be completed at DaVinciExperience.com. Groups split by age. Kids aged 13 or older are welcome to apply for a CIT or Junior Counselor position

### **Sports Camps**

### **Gridiron Hustle Youth Football Camp (Grades 2-8)**

Hustle Camp is designed to teach football fundamentals in a controlled setting. Each day will consist of drills and games focusing on: fundamentals of start & stance, route running, speed & footwork, offensive skill sets, and defensive skill sets. Coach Jason Jackson has wonderful enthusiasm for the game of football and knows how to make it fun while increasing each camper's skill and love of the sport. No helmet or pads are needed as there is no contact or tackling during this camp. Contact Nicky Knighton at nickknighton@yahoo.com for info.

### Instructors: Jason Jackson and FHS Players

Dates: Monday – Friday, July 12 – 16

Time: 9:00 a.m. – 4:00 p.m. (early release Friday) Location: Joan Benoit Samuelson Track & Field

Fee: \$180

Session

**Grinding Gears** 



### Junior Falcon Soccer Camp (Grades K-4)

The focus of this program is to provide players with the correct tools to help them develop a passion for the game of soccer while teaching them the basic skills like dribbling, passing, and shooting. It will also highlight a positive character trait in each session, such as respect, teamwork, and appreciation through fun games and team interaction.

### **Instructors: Ciprian Marinut & FHS Players**

Dates: Monday – Friday, July 26 – 30

Time: 8:00 – 11:00 a.m. Location: FMS Field

Fee: \$80

### Falcon/FUSC Soccer Camp (Grades 5-8)

Soccer players can take their game to the next level with this camp coached by Freeport United Soccer Club and Freeport High School coaches and players. Hone your skills and get ready for the fall!

### Instructors: Dave Intraversato, Bob Strong & FHS Players

Dates: Monday – Friday, August 2 – 6

Time: 8:00 – 11:00 a.m.

Location: Joan Benoit Samuelson Track & Field

Fee: \$80

### **Challenger Sports International Soccer Camp (Ages 3–14)**

Challenger Sports International Soccer Camp is the most popular soccer camp in the country. Hundreds of Challenger coaches each year have helped the organization develop one of the most innovative approaches to coaching youth soccer in the U.S. Our experienced staff study the game at all levels and have identified the key techniques and skills that your players need to work on and master to reach their true potential. Each day includes individual foot skills, technical drills, tactical practices, small sided games, coaches' scrimmages, and a daily World Cup tournament. Includes free ball and t-shirt. Receive a FREE Game Jersey when you register by July 9th!

### **Instructor: Challenger Sports**

Dates: Monday – Friday, August 9 – 13

Location: DCS fields

Ages	Time	Fee	Registration
3-4	9:00 - 10:00 a.m.	\$93	All registrations for Challenger Sports
5-6	10:15 - 11:45 a.m.	\$121	camps will be taken online at
7–14	12:30 – 3:30 p.m.	\$175	challengersports.com

### Falcon Basketball Camp (Grades 3-8)

There is more to learn from basketball than just basketball itself. With an encouraging and supportive atmosphere, players will be introduced to basic skills, concepts, and fundamentals through fun and effective drills and games. Learning from older players gives an inside view to the future of high school basketball and the pride of our Falcon players. Players should bring lunch, snacks, and a water bottle.

**Instructors: FHS Coaches and Players** 

Days: Monday – Friday Location: FHS Gym

Fee: \$150

 Session
 Dates
 Time

 Girls with Seth Farrington
 June 21 – 25
 8:00 a.m. – 4:00 p.m.

 Boys with Bill Ridge
 June 28 – July 2
 9:00 a.m. – 3:30 p.m.

### **Team Sports Sampler (Grades 3-6)**

Experience traditional sports from around the world including soccer, basketball, lacrosse, volleyball, football, and more. All activities will take place in an atmosphere which promotes good sportsmanship, teamwork, and most of all, FUN. Camp also includes one morning of special baseball instruction from Maine Hall of Famer Mort Soule. This sports camp is appropriate for children of all abilities.

**Instructor: Ciprian Marinut** 

Dates: Monday – Friday, July 19 – 23 Time: 9:00 a.m. – 4:00 p.m.

Location: FMS Field & Woods

Fee: \$150

### 23

### Falcon Fusion Summer Track & Field (Grades K-9)

Join us this summer for this great sport that has something to offer every young athlete. Falcon Fusion promises to be a great deal of fun, will develop an appreciation for the sport, and build team and individual skills. Uniform tops provided. Sibling discounts available. Meets with other nearby towns will be held if COVID protocols allow. **Volunteers are critical to the success of this program. Please email** *cp@rsu5.org* **to help out.** 

Instructors: Jared & Deedra Boudreau, Matt Greear, & Ginger Ivanov

Dates: Mondays & Tuesdays, June – August, TBD

Time: 6:00 – 7:30 p.m.

Location: Joan Benoit Samuelson Track & Field

Fee: \$125

### Fall Football

Football programs are open to boys and girls in Durham, Freeport, and Pownal. Our Football Registration event is scheduled for Pownal Road Field on Thursday, June 17th. It's a great time for the kids to have fun passing, throwing, and tackling dummies while parents can ask questions and register their players. Come join the fun, no obligation to play.

2021 Registration Deadline: July 3rd. Registration after the 3rd will only be accepted if there is an opening on the team. Join us for our annual Pass/Punt/Run Fundraising Event in August at the Joan Benoit Samuelson Track & Field. Follow Freeport / Pownal / Durham Football on Facebook for details!

### NFL Flag Football (Grades K – 2)

We are very excited to offer this NFL Flag Football program for all players from Durham, Freeport, and Pownal. This is a "no tackle" football program, where Safety and Fun are our main focus. This program will provide an introduction to football for our younger players. Equipment and team uniforms will be provided. Players will be required to provide their own cleats, protective cups, and mouth guards. Players practice twice a week at the Pownal Road Field and will have both home and away games (should COVID protocols allow).

Dates: August 23 – October 28

Days: TBA (likely Tuesday/Thursday) with games Saturday or Sunday

Time: TBA (practices likely 5:30-6:30, games 3:00-6:00)

Location: Pownal Road Field

Fee: \$50

### Youth Football (Grades 3-6)

Football is on the rise in Durham, Freeport and Pownal. Get your youngster enrolled in this exciting program. Our youth football team is a member of the Maine Sportsmanship League (MSL) and supported by the Freeport Gridiron Club (FGC). Equipment and team uniforms will be provided. Players will be required to provide their own cleats, protective cups, and mouth guards. Players will practice up to 3 times per week and will have home and away games.

Dates: August 23 – October 28 Days: Monday, Tuesday & Thursday

Games – Saturdays or Sundays/Development Games – Wednesdays

Time: TBA (practices between 5:00–7:00, games 3:00–6:00)

Location: Pownal Road Fields

Fee: \$90

For More Information, please visit freeportfootball.com or contact Kim LaVallee at klavallee001@maine.rr.com

### **Asynchronous Online Adult Learning**

Register now and complete these courses at your own pace!

### The Easy Chinese Cookbook - Restaurant Favorites Made Simple

Get ready to learn how to cook your favorite takeout foods at home through personalized virtual instruction with Chris Toy! Learn how to make staples such as egg rolls, General Tso's, and Crab Rangoon through private, add-free videos available at any time. Participants can look forward to choosing their own pace to move through the cookbook, utilizing Chris's written and video instructions, as well as having their questions answered via avenues such as email and phone. Fee includes cookbook, access to private videos, as well as personalized guidance from the instructor.

**Instructor: Chris Toy** 

Fee: \$20 + \$10 for cookbook

### Taking Awesome Pictures With Your iPhone/iPad Camera

This is a step-by-step guide to taking beautiful photos, appropriate for novice photographers and anyone who wants to significantly upgrade their photography skills. Students will learn to take photos, portraits, slo-motion, panos, and more. Also students will learn about camera settings for proper focus and exposure, High Dynamic Range, and picture composition.

Instructor: Ed Brazee, Jill Spencer, Chris Toy - BoomerTECH Adventures

Fee: \$15

### **Fantastic Photo Finishes**

Organize & Edit Images with Your iPhone/iPad Photos App. This is a natural follow-up to the first course, but is a stand-alone course as well. The focus here is on editing images as well as knowing how to organize images and video on iPhones or iPads. Other areas of focus include using the "For You" section (ready-made slide shows), creating, using, and sharing albums, and search.

Instructor: Ed Brazee, Jill Spencer, Chris Toy - BoomerTECH Adventures

Fee: \$15

### **Introduction to Mac Basics**

In this course, students will learn how to make their Mac computer (laptop or desktop) hum! Areas of focus include: Mac features, choosing the best browser, using Spotlight Search, learning how to use the Finder and App Store, understanding the keyboard, and learning the icons that define a Mac computer. These are all essential elements that students will learn.

Instructor: Ed Brazee, Jill Spencer, Chris Toy - BoomerTECH Adventures

Fee: \$15

### Introduction to iPhone Basics

It is safe to say that the vast majority of iPhone users rarely use more than a fraction of the features available to them. In this course, students will learn to use their iPhones to the best possible advantage. Here are some of the critical features we'll cover: Apple ID and password; structure of the iPhone (buttons and how they work); best apps to have and how to get them; how to text, phone, FaceTime, and email; using the Control Center; mastering Settings; updating operating systems; using key apps; understanding the apps that come with your iPhone and more.

Instructor: Ed Brazee, Jill Spencer, Chris Toy - BoomerTECH Adventures

Fee: \$15

### **Spring Adult Enrichment Courses**

### **Maine Driving Dynamics**

Improve your defensive driving skills. Taught by a certified MDD instructor, topics in this course will include collision avoidance, safety issues, driver habits, and the challenges you face on the road. Completion of the course entitles you to a three-point credit on your driving record.

**Instructor: Maine Bureau of Highway Safety Staff** 

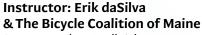
Dates: Tuesday March 16 and Thursday, March 18

Time: 6:00 – 8:30 p.m. Location: FHS Room 102 Fee: \$45/\$25 (age 65+)

### **Back to Bicycle Basics**

Warm up for a year of fun, functional, and safe bicycling with the Bicycle Coalition of Maine! This 1-hour Zoom course will cover basic bike safety, making sure your bike is ready to go, and how we can all find more comfort commuting,

recreating, and exploring by bicycle.



Date: Tuesday, April 6th Time: 7:00 - 8:00 p.m.



### **Tae Kwon Do for Adults**

Tae Kwon Do is a great way to become physically and mentally fit while having fun. Learn valuable life long skills – respect, self-confidence, and courage, all while practicing self-defense techniques. Great introduction to the martial arts while incorporating fun games and drills. Free uniform for your first session!



Class	Dates	Fee
Spring	Tuesdays, April 6 – June 8 (no class 4/20)	\$85
Summer	Tuesdays, June 20 – August 17	\$85

### Instructors: Jake Daniele, Steve Day & Donald Cyr

Time: 6:00 – 6:45 p.m. Location: MLS Gym

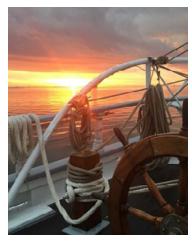
### **Pickleball in Pownal**

Come drop-in for some Pickleball action, get some great exercise, and have some fun! All levels and abilities are welcome. If you would like to rent a paddle for the season, you may. Paddles will not be provided otherwise. You must register for the whole season, no matter how many weeks you attend.

Dates: Mondays, March 29 – June 14 (no meeting 4/19 or 5/31)

Time: 5:30 – 8:30 p.m. Location: PES Gym

Fee: \$20 + \$10 paddle rental



### **Cruising Under Sail (Sailing Ships Maine, 21+)**

Join a crew of 5 other adults and an instructor learning to sail a 23' sailboat. You will learn to row a dinghy, set and strike sail, steer, navigate, use a marine radio, operate a small outboard, watch the weather, tie knots, and follow basic safety all while sailing all over Casco Bay each evening. Our primary instructional boat, the Pearson Ensign, is a strong, unsinkable fiberglass boat that is still actively raced (and still being built) more than 30 years after her introduction. Ensigns are probably the most comfortable sailboat ever built. They have high backrests and a large, deep cockpit and plenty of space for students to learn and work together while saying separated and outdoors. Program offered in partnership with Sailing Ships Maine, US Sailing & Schooner Harvey Gamage.

Session	Dates	Times	Fee
Week 0	Monday – Friday, June 21 – 25	5:30 – 9:00 p.m.	\$295
Week 1	Monday – Friday, June 28 – July 2	5:30 – 9:00 p.m.	\$295
Week 3	Monday – Friday, July 12 – July 16	5:30 – 9:00 p.m.	\$295
Week 4	Monday – Friday, July 19 – July 23	5:30 – 9:00 p.m.	\$295

### **American Sign Language I**

Learn sign language communication with Martin Samelson, energetic college ASL professor and job coach for deaf individuals in this virtual class. Enhance your communication with deaf and hard of hearing family, friends, coworkers, and customers. Late-deafened adults are welcome. No previous sign language experience is necessary.

### **Instructor: Martin Samelson**

Date: Tuesdays and Thursdays, March 2 – March 25

Time: 11:00 - 11:30 a.m.

Location: Virtual Zoom Class (Instructor will send link prior to start of class)

Fee: \$35

### **Studio Artisane: Workshops**

Sandrine Moser is originally from a little town in Southern France. She opened Studio Artisane in August 2019. She began building doll furniture for her daughter in 2012 and continued with bigger pieces. She realized that building is not that hard if you are confident with power tools. She went on to build all the furniture in her house, like bookshelves, tables, beds. Her idea behind this class is to empower people that they can do the job themselves. By attending this class where you can build a project surrounded by peers, you will gain the confidence you need to do more, and you will be proud to say, "I built it." Tools for various projects may include: Miter Saw, Table Saw, Circular Saw, Kreg Jig System, Nail Gun, Drill, Wood Burning Tool, or Sander. Visit our website to learn more about each project. Material fees paid in person at time of class.

### **Instructor: Sandrine Moser**

Days: Thursdays Time: 4:00 – 7:00 p.m.

Location: Studio Artisane, Falmouth

Project	Date	Class Fee	Material Fee
Small Shelf	March 11	\$60	\$20
Dog Bowl	March 25	\$60	\$40
Raised Planter	April 8	\$60	\$50
Bench	April 22	\$60	\$40
Picture Frame	May 6	\$60	\$30
Lantern	May 27	\$60	\$25
Stool	June 4	\$60	\$30













### **Growing Great Berries**

Berries are delicious, nutritious, and easy to grow. Join Joel Leak, Master Gardener at UMaine Cooperative Extension, as he teaches you how to grow berries (including strawberries, raspberries, blackberries, grapes, and blueberries). Learn about site selection, varieties, planting, pollination, insect pests, diseases, and pruning.

### **Instructor: Joel Leak**

Date: Tuesdays, April 6th & 13th

Time: 6:00 - 8:00 PM Location: FHS Room 102

Fee: \$25

### **Native Plant Habitat for Winged Companions**

Gardens bring delight to gardeners, visitors, and people passing by. They can also provide important habitat for birds, bees, butterflies and other winged insects that bring your landscape to life with activity. Native plants provide the best enticement for seasonal and year-round residents. Whether you have a small urban space or several acres, discover and learn about 15 native plants that attract and best serve our winged companions by providing adequate sources of food, water, nesting sites and shelter.

### **Instructor: Amy Witt**

Date: Wednesday, April 28th Time: 6:30 - 8:00 PM

Location: FHS Room 102; Virtual if Needed

Fee: \$50

### **Gardening for Mindfulness**

Gardening, like mindfulness, is a way of finding a sense of calm amidst all chaos you might be experiencing in your daily life. Both connect us to the world around us, to nature and wildlife, which can bring us pleasure and peace. Discover a more contemplative way to garden by incorporating mindfulness inspired practices.

### **Instructor: Amy Witt**

Date: Tuesday, May 25th Time: 6:30 - 8:00 PM Location: FHS Room 102

Fee: \$50



### **Introduction to Medicine Wheel Gardens**

A medicine wheel is a way of creating sacred space and calling forth the healing energies of nature. Whether a colorful outdoor circle, miniature dish or windowsill creation, you will learn the steps and resources needed to design and plant a medicine wheel garden that meets your needs for creating and using a sacred space.

Instructor: Amy Witt Date: Wednesday, June 2nd Time: 6:30 - 8:00 PM Location: FHS Room 102

Fee: \$50

### **Foraging for Wild Edible Plants**

This course will introduce you to the basics of gathering and eating wild plants in a sustainable way in order for you to feel a deeper connection to your landscape and to offer you a wealth of vitamins and nutrients that are lacking from cultivated crops. We will discuss safety tips and useful equipment, as well as what to look for in different habitats and seasons. General guidance on how to navigate the literature on foraging will be presented. We can cover at least a couple dozen species and perhaps more if time permits.

**Instructor: Aaron Witham, USM** 

Date: Sunday, June 13th Time: 3:00 PM - 5:00 PM

Location: TBD, Virtual if Needed

Fee: \$15

### Cooperative Publishing: The Advantages, the Steps, the Ultimate Reward

You have just finished your heartfelt novel, so what do you do now? You could choose to go with one of the more traditional publishers, or you could choose to go with a current cooperative publishing company that has modernized self or independent publishing. What does this path look like for an author? In this class, we will look at the advantages of belonging to a publishing cooperative, the steps involved to get that book to the printing press, and some of the challenges you will face if you decide to go this route. Maine Authors Publishing and Cooperative in Thomaston, Maine, will be used as a model for this presentation

Instructor: Patsy Baldus, Maine Authors Publishing

Date: Tuesday, June 22nd Time: 6:00 - 8:00 PM

Location: FHS Room 102; Virtual if Needed

Fee: \$20

### **Adult Education**

Registration for Adult Ed programs listed below is FREE! New students must complete an intake prior to enrolling in these programs. Appointments are offered throughout the year. Please contact Katy Bizier at 865-6171 x322 or email at bizierk@rsu5.org for info and to register for classes.

### **High School Equivalency Diploma (HiSET)**

If you're an adult without a high school diploma, the High School Equivalency Test (HiSET) could be your route to improved career prospects, a college education, and increased earnings potential. Adult High School Diploma programs are central to the mission and tradition of Maine Adult Education. These are secondary educational offerings that lead to a high school diploma. Join other students who have recently completed the program... get your diploma and be one step closer to achieving your life's goals.

### **Learning Lab - Freeport**

Learning Lab is open to all adults in need of academic instruction and guidance. Teachers provide individualized instruction in the areas of:

- High school equivalency
- HiSET prep
- Accuplacer prep
- Math and ELA instruction to prepare you for college-level coursework
- Other academic test prep



Take advantage of these classes to get started on your future today!

### Instructor: Diane Atwood

Individualized sessions are held virtually and arranged to suit the schedules of learners and our instructor (until pandemic risks recede). New students complete a virtual intake session before beginning instruction. It's never been easier to get started!

### **Summer Melt Program**

Planning to start college in the fall? The Summer Melt Program assists high school seniors to stay connected and on track to start their fall college classes. Students can look forward to advising, academic support, help with navigating financial aid packages, college portal systems, and more. Students will work with advisors and instructors to develop postsecondary education or career goals, and create plans to meet those goals. Transition services will be provided through the first year or two of college to help ensure continued student success. This program is free. Interested students should contact the Adult Education Coordinator to start the referral and enrollment process.

### **Maine College & Career Access**

- Want to go to college?
- Need to brush up on your Math and English skills?
- Need to pass the Accuplacer tests?
- Have you already tested into Developmental Math and English classes?
- Looking for workforce training programs?
- Hoping to change careers?

Maine College & Career Access is a comprehensive program of study leading to enrollment in a post secondary institution, including workforce training programs. MCCA includes career planning, academic preparation, financial aid assistance, college planning, and Accuplacer testing. In partnership with Maine's community colleges and the university system, MCCA programs offer high-quality, cost-effective, and accessible pathways to post-secondary education for adults.

### **English for Speakers of Other Languages (ESOL)**

We're proud to offer small classes for Adult English Language Learners, and we work closely with immigrants and refugees from around the world. Our ESOL program (English for Speakers of Other Languages) helps people improve their English reading, writing, grammar, digital literacy, and life skills. We also help students prepare for employment and continuing education.

We have adapted to a distance learning model and offer online classes to meet the needs and schedules of our busy students during the pandemic. Our teachers and volunteers work to find learning opportunities that will fit everyone's schedule and meet health and safety guidelines for social distancing. Students meet in Zoom classes on Monday mornings as a group and then have separate private tutoring online sessions arranged at a mutually convenient time. Once we are able to return to in-person classes, expect to see all kinds of activities that bring our students into the real world and allow us to interact in the wider community. We will also look forward to having guest speakers and teachers return to our classroom.

### Maine College & Career Access at SMCC - College Prep Classes

Need to work on college readiness skills, literacy, or math to be better prepared for future college success? Students in Cumberland County are able to take classes through a partnership with Cumberland County Adult Education Programs and Southern Maine Community College. These courses are free and provide students with skill building opportunities that will set them up for success. Students can enroll in College Success, College Prep Math, and/ or College Prep Reading & Writing. There is potential to earn college credit as well. Students should contact the Adult Education Coordinator to start the referral and enrollment process. Courses are offered throughout the year.

Dear Families,

Laugh & Learn aims to provide high quality childcare to serve families' childcare needs outside of the school day. We offer full-day and half-day preschool with before and after care options. Our preschool program is rooted in embedded literacy, numeracy, and thoughtful and child-centered curriculum. The day consists of a mixture of structured activities, free play, and outside play opportunities.

We offer before and after care at Morse Street, Mast Landing and Durham Community School. We provide free play, structured activities, outside time, and healthy snack options.

I wish the best to all with the start of warmer weather. Let's get outside and enjoy this beautiful state we all call home. I look forward to serving children and families in the RSU5 community for the coming year.

Leah Campbell
Childhood Education Coordinator

For more information call or visit rsu5cp.org or call 207-865-6171. ext. 326



### **Preschool Programs**

Ages: 3 -5 yrs

Location: Mast Landing School Options (2 day minimum):

Morning Half Day: 8:30 – 11:30 a.m. Afternoon Half Day: 11:30 – 3:00 p.m.

Full Day: 8:30 – 3:00 p.m. Before Care: 7:00 – 8:30 a.m. After Care: 3:00 – 5:30 p.m.

### **Before and After Care Programs**

Locations: Durham Community School,
Morse Street School & Mast Landing School
Ages: DCS: Pre-K - 5th grade

Ages: DCS: Pre-K – 5th grade MSS: K – 2nd grade MLS: 3rd – 5th grade

Options (2 day minimum):

Before Care: 7:00 a.m. – start of school day After Care: End of school day – 5:30 p.m.



			Grade, Fall 2021 (Age)										
		Camp Program	Pre-K	K	1(6)	2	3	4	5 (10)	6	7	8 (13)	9+
رم ا	,	Cruising Under Sail (p. 12)										, ,	
Week 0	۱ ا	Junior Chef Camp AM (p. 16)											
Wee	۷ ۲	Falcon Basketball Camp-Girls (p. 20)											
Week 1 /28 – 7/2	-	Camp Seaside (p. 11)											
	ŀ	Cruising Under Sail (p. 12)											
	١,	Teen Treks # (p. 13)											
		Sew Wicked Fun AM (p. 16)											
We(	77/0	Maine Nature Art Chickadee Camp AM (p. 16)											
	f	Mad Science: MAKERS of the Future (p. 17)											
	İ	Falcon Basketball Camp–Boys (p. 20)											
	T	Camp Seaside # (p. 11)											
- 9	۱,	Teen Treks Extreme # (p. 13)											
Week 2		Kids Kayaking & Paddleboard Camp AM (p. 13)											
	- 1	Gee's Games & Giggles # (p. 14)											
		Camp Seaside (p. 11)											
	Ī	Cruising Under Sail (p. 12)											
		Teen Treks # (p. 13)											
ek 3 - 16	2	Gee's Skills Academy (p. 14)											
Week 3	2	Fairy Dance Camp AM (p. 15)											
	`	Top Rockers Hip-Hop/Jazz Dance PM (p. 15)											
	Ī	Maine Nature Art Bear Camp (p. 16)											
	Ī	Gridiron Hustle Youth Football Camp (p. 18)											
Week 4 7/19 – 23		Camp Seaside (p. 11)											
	Ī	Cruising Under Sail (p. 12)											
	3	Teen Treks # (p. 13)											
		Gee's Drama & Dance (p. 14)											
	-	Fairy Tale Princess Dance Camp AM (p. 15)											
	Ī	Dance Connection Teen Dance PM (p. 15)											
		Team Sports Sampler (p. 20)											
		Camp Seaside (p. 11)											
Week 5 7/26 – 30	3	Teen Treks # (p. 13)											
		Top Rockers Hip-Hop/Jazz Dance AM (p. 15)											
	-	Script 2 Stage-FHS (p. 17)											
		Junior Falcon Soccer Camp (p. 19)											
		Camp Seaside (p. 11)											
Week 6 8/2 – 6		Teen Treks Extreme # (p. 13)											
	}	Maine Nature Art Loon Camp AM (p. 16)											
	7/0	Script 2 Stage-DCS (p. 17)											
		DaVinci Experience: Grinding Gears (p. 18)											
		Falcon/FUSC Soccer Camp (p. 19)											
	Ţ	Camp Seaside (p. 11)											
Week 7 8/9 – 13	2	Teen Treks # (p. 13)											
		Maine Nature Art Moose Camp (p. 16)											
	9	DaVinci Experience: Crime Lab (p. 18)											
		Challenger Sports Int'l Soccer Camp (p. 19)											

<sup>\*</sup>Bus transportation available between Public Pre-K and Before and After Care

# **RSU5 Community Programs**

Freeport, Maine 04032 17 West Street

### Office Hours

7:30 a.m. – 4:00 p.m. Monday - Friday

### Website

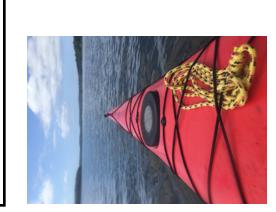
www.rsu5cp.org

Non-Profit Organization **Presorted Standard** U.S. Postage PAID

Permit No. 14 Freeport, ME

## **ECR-WSS**

# Postal Customer



## **Telephone Numbers**

207-865-6171 x325 207-865-6171 Community Programs Recreation 207-865-6171 x322 Childhood Education/Laugh & Learn Adult Education

207-865-6171 x326 207-865-0928 RSU5 Central office